

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Girls 100 Meter Dash Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times****Class Record: 11.84 C 2018 T'Nia Riley, Minneapolis North****MN All Time: 11.71 ! 2012 Taylor Anderson, Hopkins****Nat'l H.S.: 11.00 + 2023 Mia Brahe-Pederson, Lake Oswego, OR****24 Champion: 11.80 6/6/2024 Ava Phrakonkham, Bagley/Fosst**

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Ava Phrakonkham	12	Bagley/Fosston	12.06	12.05 Q	-1.7 2
2	Brynn Bakken	10	Hills-Beaver Creek	12.17	12.38 Q	-2.8 1
3	Trinity Giddings	12	Two Harbors	12.40	12.66 Q	-1.7 2
4	Chantle Reiland	12	GMLOKS	12.43	12.68 Q	-2.8 1
5	Clarissa Sauer	12	Cotter/Hope	12.68	12.68 q	-1.7 2
6	Erika Salaski	11	St. Cloud Cathedral	12.77	12.78 q	-2.8 1
7	Gabbi Meloch	10	Concordia Academy	12.53	12.81 q	-1.7 2
8	Alyvia Brands	11	SW MN Christian / Edgerton	12.68	12.83 q	-1.7 2
9	Favour Adetunji	10	PACT/Legacy	12.39	12.87 q	-2.8 1
10	Katelyn Jones	11	Long Prairie-Grey Eagle	12.41	12.90	-1.7 2
11	Addison Hoof	12	Lester Prairie	12.54	12.91	-2.8 1
12	Anna Konsti	11	Concordia Academy	12.44	12.91	-2.8 1
12	Megan Guler	10	Pelican Rapids	12.49	12.91	-1.7 2
14	Lydia Prokott	11	Royalton	12.93	12.91	-1.7 2
15	Nakita Stuck	12	Lester Prairie	12.86	12.94	-1.7 2
16	Zoe Plombon	10	Chisholm	12.76	12.96	-2.8 1
17	Lydia Hanson	12	BGMR Freeze	12.59	13.15	-2.8 1

Girls 100 Meter Dash Wheelchair Class A**Class Record: 25.59 C 2019 Lilly Stiernagle, Maple River****MN All Time: 19.17 ! 6/10/2024 Adaylia Borgmeier, Mankato East****24 Champion: 29.56 6/7/2024 Ana Berry, Mille Lacs**

Name	Yr	School	Seed	Finals	Wind	Points
Finals						
1	Ana Berry	12	Mille Lacs	36.75	31.65	-1.4 1

Girls 100 Meter Dash Class A**Class Record: 11.84 C 2018 T'Nia Riley, Minneapolis North****MN All Time: 11.71 ! 2012 Taylor Anderson, Hopkins****Nat'l H.S.: 11.00 + 2023 Mia Brahe-Pederson, Lake Oswego, OR****24 Champion: 11.80 6/6/2024 Ava Phrakonkham, Bagley/Fosst**

Name	Yr	School	Prelims	Finals	Wind	Points
Finals						
1	Brynn Bakken	10	Hills-Beaver Creek	12.38	12.29	-1.4 12
2	Ava Phrakonkham	12	Bagley/Fosston	12.05	12.36	-1.4 10
3	Chantle Reiland	12	GMLOKS	12.68	12.56	-1.4 8
4	Erika Salaski	11	St. Cloud Cathedral	12.78	12.70	-1.4 6
5	Trinity Giddings	12	Two Harbors	12.66	12.74	-1.4 5
6	Favour Adetunji	10	PACT/Legacy	12.87	12.85	-1.4 4
7	Clarissa Sauer	12	Cotter/Hope	12.68	12.85	-1.4 3
8	Gabbi Meloch	10	Concordia Academy	12.81	12.85	-1.4 2
9	Alyvia Brands	11	SW MN Christian / Edgerton	12.83	12.98	-1.4 1

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Girls 200 Meter Dash Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times****Class Record: 24.44 C 2018 T'Nia Riley, Minneapolis North****MN All Time: 23.91 ! 6/11/2016 Jedah Caldwell, Chanhassen****Nat'l H.S.: 22.52 + 2003 Allyson Felix, Los Angeles Baptist, CA****24 Champion: 24.60 6/7/2024 Ava Phrakonkham, Bagley/Fosst**

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1	Ava Phrakonkham	12	Bagley/Fosston	24.94	24.62 Q	+0.0 3
2	Violette Metz	11	Pillager	25.32	25.38 Q	-0.8 2
3	Trinity Giddings	12	Two Harbors	25.02	25.58 Q	-3.0 1
4	Brynn Bakken	10	Hills-Beaver Creek	25.44	24.79 Q	+0.0 3
5	Chantle Reiland	12	GMLOKS	25.50	25.50 Q	-0.8 2
6	Erika Salaski	11	St. Cloud Cathedral	26.32	25.75 Q	-3.0 1
7	Addison Hoof	12	Lester Prairie	25.82	25.34 q	+0.0 3
8	Isabelle Kapanke	11	St. Croix Lutheran	25.45	25.53 q	+0.0 3
9	Aurora Winsel	11	Pipestone Area	26.34	25.60 q	+0.0 3
10	Olivia Miller	12	Park Rapids Area	25.79	25.66	-0.8 2
11	Anna Konsti	11	Concordia Academy	25.54	25.76	-3.0 1
12	Savannah Peterson	10	Chatfield	25.92	25.88	-0.8 2
13	Averee Henslin	9	Triton	26.28	26.06	+0.0 3
13	McKaylen Lewis	10	Math & Science Academy	25.04	26.06	-3.0 1
15	Nakita Stuck	12	Lester Prairie	26.30	26.10	+0.0 3
16	Clarissa Sauer	12	Cotter/Hope	25.77	26.18	-3.0 1
17	Lydia Hanson	12	BGMR Freeze	26.23	26.20	-0.8 2
18	Madilynn Bjerke	9	St. Charles	26.11	26.26	-3.0 1
19	Megan Guler	10	Pelican Rapids	25.87	26.29	+0.0 3
20	Jaelyn LaPlante	12	Chatfield	26.32	26.39	-3.0 1
21	Maddie Miller	11	Hillcrest Lutheran Academy	26.22	26.53	-3.0 1
22	Akylah Buddi	10	Twin Cities Academy/Great Ri	26.31	26.59	-0.8 2
23	Julia Vega	11	St. Cloud Cathedral	26.34	26.92	-0.8 2
24	Violet Udovich	9	Ely	25.00	41.72	-0.8 2

Girls 200 Meter Dash Class A**Class Record: 24.44 C 2018 T'Nia Riley, Minneapolis North****MN All Time: 23.91 ! 6/11/2016 Jedah Caldwell, Chanhassen****Nat'l H.S.: 22.52 + 2003 Allyson Felix, Los Angeles Baptist, CA****24 Champion: 24.60 6/7/2024 Ava Phrakonkham, Bagley/Fosst**

Name	Yr	School	Prelims	Finals	Wind	Points
Finals						
1	Brynn Bakken	10	Hills-Beaver Creek	24.79	24.86	1.1 12
2	Ava Phrakonkham	12	Bagley/Fosston	24.62	24.91	1.1 10
3	Violette Metz	11	Pillager	25.38	25.27	1.1 8
4	Trinity Giddings	12	Two Harbors	25.58	25.36	1.1 6
5	Isabelle Kapanke	11	St. Croix Lutheran	25.53	25.44	1.1 5
6	Aurora Winsel	11	Pipestone Area	25.60	25.54	1.1 4
7	Erika Salaski	11	St. Cloud Cathedral	25.75	25.65	1.1 3
8	Chantle Reiland	12	GMLOKS	25.50	25.66	1.1 2
9	Addison Hoof	12	Lester Prairie	25.34	25.73	1.1 1

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Girls 200 Meter Dash Wheelchair Class A

Class Record: 50.93 C 2019 Lilly Stiernagle, Maple River
MN All Time: 36.07 ! 2024 Adaylia Borgmeier, Mankato East
24 Champion: 59.22 6/7/2024 Ana Berry, Mille Lacs

Name	Yr	School	Seed	Finals	Wind	Points
Finals						
1 Ana Berry	12	Mille Lacs	1:07.10	1:02.04	0.9	1

Girls 400 Meter Dash Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: 55.67 C 2016 Chloe Bermel, Pequot Lakes
MN All Time: 54.27 ! 2022 Jordyn Borsch, Maple Grove
Nat'l H.S.: 50.74 + 2000 Monique Henderson, San Diego Morse, CA
24 Champion: 57.13 6/7/2024 Addison Hoof, Lester Prair

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Trinity Giddings	12	Two Harbors	57.32	56.51 Q	2
2 Violet Udovich	9	Ely	56.25	56.54 Q	3
3 Hope Kuechle	10	Eden Valley-Watkins/Kimball	57.63	57.44 Q	1
4 Addison Hoof	12	Lester Prairie	57.82	57.47 Q	2
5 Aubrey Lesnau	11	St. Cloud Cathedral	57.63	57.76 Q	1
6 Isabelle Kapanke	11	St. Croix Lutheran	58.67	58.10 Q	3
7 Marley Hewitt	9	River Valley	59.73	58.40 q	3
8 Julia Vega	11	St. Cloud Cathedral	58.88	58.45 q	3
9 Amber Collins	12	Wadena-Deer Creek	59.06	58.75 q	2
10 Sarai Kieser	11	Concordia Academy	59.32	59.34	1
11 Peyton Bluhm	8	St. Croix Preparatory Academ	59.42	59.82	2
12 Annika Aakre	11	Park Christian	59.41	59.86	1
13 Erin Gibson	8	Cotter/Hope	59.93	1:00.17	2
14 Aurora Winsel	11	Pipestone Area	1:00.57	1:00.31	3
15 Olivia Weber	12	Triton	1:00.28	1:00.43	2
16 Addison Lauwagie	12	Park Rapids Area	1:00.54	1:00.74	3
17 Lauren Thoennes	9	A-B-E	59.68	1:00.83	3
18 Brenna Konsor	8	Holdingford	1:00.08	1:00.87	1
19 Gracie Peters	11	Mt. Lake Area - Comfrey	1:00.22	1:01.17	1
20 Claire Stoks	12	Canby/Minneota	1:01.18	1:01.20	2

Girls 400 Meter Dash Class A

Class Record: 55.67 C 2016 Chloe Bermel, Pequot Lakes
MN All Time: 54.27 ! 2022 Jordyn Borsch, Maple Grove
Nat'l H.S.: 50.74 + 2000 Monique Henderson, San Diego Morse, CA
24 Champion: 57.13 6/7/2024 Addison Hoof, Lester Prair

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Trinity Giddings	12	Two Harbors	56.51	56.50	12
2 Violet Udovich	9	Ely	56.54	56.84	10
3 Hope Kuechle	10	Eden Valley-Watkins/Kimball	57.44	57.16	8
4 Addison Hoof	12	Lester Prairie	57.47	57.70	6
5 Aubrey Lesnau	11	St. Cloud Cathedral	57.76	58.06	5
6 Isabelle Kapanke	11	St. Croix Lutheran	58.10	58.29	4

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Girls 400 Meter Dash Class A)

Name	Yr	School	Prelims	Finals	Points
7 Amber Collins	12	Wadena-Deer Creek	58.75	58.94	3
8 Marley Hewitt	9	River Valley	58.40	59.32	2
9 Julia Vega	11	St. Cloud Cathedral	58.45	59.55	1

Girls 400 Meter Dash Wheelchair Class A

MN All Time: 1:11.34 ! 2024 Adaylia Borgmeier, Mankato East

Name	Yr	School	Seed	Finals	Points
1 Ana Berry	12	Mille Lacs	2:19.80	2:11.07	1

Girls 800 Meter Run Class A

9 Advance: Top 2 Each Heat plus Next 3 Best Times

Class Record: 2:08.77 C 1986 Jeanne Kruckeberg, Blooming Prairie

MN All Time: 2:06.50 ! 6/6/2015 Ruby Stauber, Wayzata

Nat'l H.S.: 2:00.03 + 2022 Roisin Willis, Stevens Point Area, WI

24 Champion: 2:16.16 6/7/2024 Audrey Brownell, Staples-Motley

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 MaKenzie Westphal	9	Janesville Waldorf Pemberton	2:25.49	2:17.10 Q	2
1:05.976 (1:05.976) 2:17.098 (1:11.122)					
2 Peyton Meincke	12	Lake City	2:19.76	2:18.68 Q	3
1:06.177 (1:06.177) 2:18.679 (1:12.503)					
3 Faustina Adkins	11	St. Agnes	2:20.77	2:20.92 Q	1
1:09.217 (1:09.217) 2:20.911 (1:11.694)					
4 Brynn Gloege	8	Lac qui Parle Valley/Dawson-	2:21.56	2:19.21 Q	3
1:06.329 (1:06.329) 2:19.210 (1:12.881)					
5 Maria Odegard	11	Nova Classical Academy	2:20.08	2:19.95 Q	2
1:08.224 (1:08.224) 2:19.949 (1:11.726)					
6 Katherine Reuter	11	St. Cloud Cathedral	2:20.21	2:21.70 Q	1
1:09.465 (1:09.465) 2:21.697 (1:12.232)					
7 Allison Lundin	11	Northome/Kelliher/Blackduck	2:21.59	2:19.78 q	3
1:06.638 (1:06.638) 2:19.778 (1:13.140)					
8 Ashley Asmus	10	Aitkin	2:21.59	2:20.09 q	2
1:04.727 (1:04.727) 2:20.083 (1:15.356)					
9 Sophie Kannapiran	9	St. Paul Academy & Summit St	2:22.24	2:20.85 q	3
1:06.472 (1:06.472) 2:20.842 (1:14.370)					
10 Jayla Abrahamson	9	Climax-Fisher-Sacred Heart	2:22.05	2:21.16	2
1:06.866 (1:06.866) 2:21.152 (1:14.286)					
11 Julia Schmidt	12	Border West	2:22.96	2:21.34	2
1:07.805 (1:07.805) 2:21.331 (1:13.526)					
12 Paloma Good	10	St. Paul Academy & Summit St	2:20.98	2:21.94	2
1:04.357 (1:04.357) 2:21.932 (1:17.575)					
13 Anna Peikert	12	Rochester Lourdes	2:21.76	2:22.25	1
1:09.467 (1:09.467) 2:22.244 (1:12.778)					
14 Ella Schmuck	11	Luverne	2:21.79	2:22.25	1
1:09.256 (1:09.256) 2:22.247 (1:12.992)					
15 Naiya Ruuska	8	Esko	2:23.59	2:23.94	3
1:09.286 (1:09.286) 2:23.934 (1:14.648)					
16 Brooklyn Staudacher	10	Cotter/Hope	2:22.07	2:24.02	3
1:07.697 (1:07.697) 2:24.014 (1:16.317)					
17 Savannah Meyer	12	Mankato Loyola/Cleveland	2:22.91	2:24.10	1
1:09.314 (1:09.314) 2:24.096 (1:14.783)					

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Preliminaries ... (Girls 800 Meter Run Class A)

Name	Yr	School	Seed	Prelims	H#
18 Clare Bisanti 1:09.163 (1:09.163) 2:24.959 (1:15.797)	9	Lyle-Pacelli	2:22.57	2:24.96	1
19 Nori Song 1:07.366 (1:07.366) 2:26.373 (1:19.008)	8	Minnewaska Area	2:22.53	2:26.38	2
20 Quinn Gruber 1:11.111 (1:11.111) 2:28.456 (1:17.346)	9	Pierz	2:25.14	2:28.46	3

Girls 800 Meter Run Class A

Class Record: 2:08.77 C 1986 Jeanne Kruckeberg, Blooming Prairie
MN All Time: 2:06.50 ! 6/6/2015 Ruby Stauber, Wayzata
Nat'l H.S.: 2:00.03 + 2022 Roisin Willis, Stevens Point Area, WI
24 Champion: 2:16.16 6/7/2024 Audrey Brownell, Staples-Motley

Name	Yr	School	Prelims	Finals	Points
Finals					
1 MaKenzie Westphal 1:09.021 (1:09.021) 2:18.894 (1:09.873)	9	Janesville Waldorf Pemberton	2:17.10	2:18.90	12
2 Faustina Adkins 1:09.375 (1:09.375) 2:19.767 (1:10.392)	11	St. Agnes	2:20.92	2:19.77	10
3 Maria Odegard 1:09.643 (1:09.643) 2:20.346 (1:10.703)	11	Nova Classical Academy	2:19.95	2:20.35	8
4 Brynn Gloege 1:08.761 (1:08.761) 2:20.950 (1:12.189)	8	Lac qui Parle Valley/Dawson-	2:19.21	2:20.95	6
5 Allison Lundin 1:09.153 (1:09.153) 2:21.370 (1:12.217)	11	Northome/Kelliher/Blackduck	2:19.78	2:21.37	5
6 Ashley Asmus 1:08.526 (1:08.526) 2:21.802 (1:13.276)	10	Aitkin	2:20.09	2:21.81	4
7 Katherine Reuter 1:09.235 (1:09.235) 2:22.712 (1:13.477)	11	St. Cloud Cathedral	2:21.70	2:22.72	3
8 Peyton Meincke 1:08.637 (1:08.637) 2:23.295 (1:14.658)	12	Lake City	2:18.68	2:23.30	2
9 Sophie Kannapiran 1:09.667 (1:09.667) 2:28.575 (1:18.909)	9	St. Paul Academy & Summit St	2:20.85	2:28.58	1

Girls 1600 Meter Run Class A

Class Record: 4:48.41 C 2013 Clare Flanagan, Blake School
MN All Time: 4:46.14 ! 2004 Elizabeth Yetzer, Lakeville
Nat'l H.S.: 4:33.29 + 2014 Alex Efraimson, Camas, WA
24 Champion: 5:00.73 6/7/2024 Audrey Brownell, Staples-Motley

Name	Yr	School	Seed	Finals	Points
Finals					
1 Audrey Brownell 1:15.363 (1:15.363) 2:34.889 (1:19.526) 3:50.367 (1:15.479) 5:02.274 (1:11.907)	11	Staples-Motley	5:03.99	5:02.28	12
2 Valerie Quast 1:15.075 (1:15.075) 2:35.299 (1:20.224) 3:54.137 (1:18.839) 5:07.705 (1:13.568)	11	St. Clair/Immanuel Lutheran	5:07.04	5:07.71	10
3 Charlotte Meyer 1:15.227 (1:15.227) 2:35.059 (1:19.832) 3:54.591 (1:19.533) 5:11.903 (1:17.312)	8	Mankato Loyola/Cleveland	5:09.72	5:11.91	8
4 Ellie Nelson 1:15.490 (1:15.490) 2:36.232 (1:20.743) 3:56.704 (1:20.472) 5:15.303 (1:18.600)	12	Redwood Valley	5:11.93	5:15.31	6
5 Sophia Stencel 1:15.595 (1:15.595) 2:35.756 (1:20.162) 3:56.967 (1:21.212) 5:15.923 (1:18.956)	9	Maple River	5:10.23	5:15.93	5
6 Chloe Reedy 1:16.277 (1:16.277) 2:36.575 (1:20.298) 3:58.099 (1:21.524) 5:16.183 (1:18.084)	8	Royalton	5:15.42	5:16.19	4

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Girls 1600 Meter Run Class A)

	Name	Yr	School	Seed	Finals	Points
7	Ella Arntson 1:19.236 (1:19.236) 2:39.519 (1:20.284) 4:00.486 (1:20.967) 5:16.376 (1:15.891)	10	Climax-Fisher-Sacred Heart	5:26.05	5:16.38	3
8	Jada Goeson 1:16.713 (1:16.713) 2:38.030 (1:21.317) 4:01.605 (1:23.575) 5:16.761 (1:15.157)	12	NYM Home School	5:14.60	5:16.77	2
9	Julia Schmidt 1:16.046 (1:16.046) 2:38.220 (1:22.174) 4:01.308 (1:23.088) 5:16.968 (1:15.661)	12	Border West	5:20.86	5:16.97	1
10	Taylor Covier 1:16.476 (1:16.476) 2:38.345 (1:21.869) 4:01.968 (1:23.624) 5:18.573 (1:16.606)	9	Greenway/Nashwauk/Keewatir	5:23.35	5:18.58	
11	Norah Froslee 1:16.225 (1:16.225) 2:37.834 (1:21.610) 4:02.518 (1:24.685) 5:19.817 (1:17.299)	11	Parkers Prairie	5:16.40	5:19.82	
12	Laiken Farris 1:17.975 (1:17.975) 2:40.370 (1:22.395) 4:00.217 (1:19.848) 5:21.011 (1:20.794)	10	Heron Lake-Okabena/Fulda	5:19.77	5:21.02	
13	Blake Johnson 1:18.536 (1:18.536) 2:41.620 (1:23.084) 4:07.525 (1:25.906) 5:21.197 (1:13.672)	8	Cannon Falls	5:20.70	5:21.20	
14	Frida Barrera 1:15.773 (1:15.773) 2:37.037 (1:21.265) 3:59.425 (1:22.388) 5:21.436 (1:22.011)	12	MACCRAY/RCW	5:17.64	5:21.44	
15	Kendra Swanson 1:19.196 (1:19.196) 2:40.361 (1:21.166) 4:02.789 (1:22.428) 5:25.069 (1:22.280)	10	Northwest Nighthawks	5:19.13	5:25.07	
16	Addie Thomes 1:17.429 (1:17.429) 2:39.818 (1:22.389) 4:02.835 (1:23.018) 5:25.462 (1:22.628)	11	Redwood Valley	5:18.76	5:25.47	
17	Karissa Anderson 1:17.080 (1:17.080) 2:38.859 (1:21.779) 4:02.463 (1:23.604) 5:26.535 (1:24.072)	8	Border West	5:20.76	5:26.54	
18	Destiny Schmitz 1:17.906 (1:17.906) 2:40.953 (1:23.047) 4:07.937 (1:26.985) 5:28.263 (1:20.326)	10	Chisholm	5:23.15	5:28.27	
19	Lily Olson 1:17.572 (1:17.572) 2:41.470 (1:23.898) 4:08.766 (1:27.296) 5:29.699 (1:20.933)	12	United Clay-Becker	5:27.61	5:29.70	
20	Megan Snider 1:18.485 (1:18.485) 2:43.808 (1:25.323) 4:11.729 (1:27.922) 5:38.607 (1:26.878)	10	Mounds Park Academy	5:18.09	5:38.61	
21	Grace Hahm 1:18.942 (1:18.942) 2:45.463 (1:26.521) 4:18.022 (1:32.559) 5:45.362 (1:27.341)	12	West Lutheran	5:22.00	5:45.37	
---	Sonja Semling 12 Cotter/Hope	12	Cotter/Hope	5:14.91	DNS	

Girls 3200 Meter Run Class A

Class Record: 10:26.41 C 2006 Bria Wetsch, Holy Family
MN All Time: 10:06.19 ! 6/8/2018 Emily Covert, MPLS Washburn
Nat'l H.S.: 9:47.88 + 2018 Katelyn Touhy, Thiells North Rockland,
24 Champion: 10:52.85 6/6/2024 Olivia Pauly, St. John's P

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Margaret Duffy 1:20.040 (1:20.040) 2:49.760 (1:29.721) 4:20.685 (1:30.925) 5:45.210 (1:24.526) 7:05.451 (1:20.241) 8:21.953 (1:16.503) 9:40.393 (1:18.440) 10:54.626 (1:14.234)	10	St. John's Prep	10:42.70	10:54.63	12
2	Audrey Brownell 1:20.605 (1:20.605) 2:50.166 (1:29.562) 4:20.416 (1:30.250) 5:44.913 (1:24.498) 7:05.764 (1:20.851) 8:23.906 (1:18.142) 9:43.999 (1:20.093) 10:55.296 (1:11.298)	11	Staples-Motley	11:12.97	10:55.30	10
3	Valerie Quast 1:19.150 (1:19.150) 2:40.397 (1:21.247) 4:01.523 (1:21.127) 5:25.944 (1:24.422) 6:52.627 (1:26.683) 8:20.692 (1:28.066) 9:46.725 (1:26.033) 11:09.197 (1:22.473)	11	St. Clair/Immanuel Lutheran	11:39.82	11:09.20	8
4	Sonja Semling 1:20.472 (1:20.472) 2:49.993 (1:29.521) 4:13.767 (1:23.775) 5:35.640 (1:21.873) 6:58.947 (1:23.308) 8:23.157 (1:24.210) 9:47.392 (1:24.236) 11:13.560 (1:26.168)	12	Cotter/Hope	11:11.54	11:13.56	6
5	Charlotte Meyer 1:20.305 (1:20.305) 2:49.932 (1:29.627) 4:20.660 (1:30.728) 5:45.528 (1:24.869) 7:07.662 (1:22.134) 8:31.490 (1:23.828) 9:57.877 (1:26.388) 11:20.486 (1:22.609)	8	Mankato Loyola/Cleveland	11:29.17	11:20.49	5

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Girls 3200 Meter Run Class A)

Name	Yr	School	Seed	Finals	Points
6 Autumn Rakosnik 1:18.931 (1:18.931) 2:46.199 (1:27.268) 4:14.253 (1:28.055) 5:44.717 (1:30.464) 7:12.895 (1:28.178) 8:43.106 (1:30.212) 10:11.703 (1:28.597) 11:28.558 (1:16.855)	9	Lanesboro-Fillmore Central-M	11:19.88	11:28.56	4
7 Ellie Nelson 1:19.499 (1:19.499) 2:46.124 (1:26.626) 4:11.562 (1:25.438) 5:37.821 (1:26.259) 7:05.236 (1:27.415) 8:31.276 (1:26.041) 10:00.688 (1:29.412) 11:31.786 (1:31.098)	12	Redwood Valley	11:26.98	11:31.79	3
8 Anjalie Aho 1:21.633 (1:21.633) 2:50.503 (1:28.870) 4:20.849 (1:30.347) 5:47.457 (1:26.608) 7:13.409 (1:25.952) 8:40.609 (1:27.200) 10:07.661 (1:27.053) 11:34.870 (1:27.209)	12	United North Central	11:53.93	11:34.87	2
9 Charlotte Oeltjen 1:19.529 (1:19.529) 2:46.459 (1:26.930) 4:14.522 (1:28.064) 5:45.006 (1:30.484) 7:13.111 (1:28.105) 8:43.588 (1:30.478) 10:15.914 (1:32.326) 11:38.280 (1:22.366)	12	Chatfield	11:24.28	11:38.28	1
10 Louise Ruzanic 1:23.465 (1:23.465) 2:52.418 (1:28.953) 4:21.746 (1:29.328) 5:50.866 (1:29.120) 7:13.747 (1:22.881) 8:39.969 (1:26.223) 10:08.362 (1:28.393) 11:38.590 (1:30.229)	12	St. John's Prep	11:39.96	11:38.59	
11 Emma Hatanpa 1:19.799 (1:19.799) 2:46.522 (1:26.723) 4:14.540 (1:28.018) 5:45.074 (1:30.535) 7:13.213 (1:28.139) 8:43.849 (1:30.636) 10:16.260 (1:32.412) 11:45.259 (1:28.999)	8	Cotter/Hope	11:28.71	11:45.26	
12 Linnea Harren 1:20.366 (1:20.366) 2:49.508 (1:29.142) 4:19.623 (1:30.116) 5:50.534 (1:30.911) 7:24.341 (1:33.807) 8:59.715 (1:35.374) 10:34.371 (1:34.657) 11:58.109 (1:23.738)	11	Warroad	11:55.87	11:58.11	
13 Emelia Arntson 1:23.121 (1:23.121) 2:51.236 (1:28.115) 4:20.283 (1:29.048) 5:49.607 (1:29.324) 7:20.659 (1:31.052) 8:57.410 (1:36.752) 10:32.617 (1:35.207) 12:00.914 (1:28.298)	7	Climax-Fisher-Sacred Heart	11:59.15	12:00.92	
14 Taylor Covier 1:21.965 (1:21.965) 2:50.996 (1:29.032) 4:20.841 (1:29.845) 5:48.052 (1:27.212) 7:17.041 (1:28.989) 8:51.200 (1:34.160) 10:29.296 (1:38.096) 12:06.577 (1:37.281)	9	Greenway/Nashwauk/Keewatir	12:04.36	12:06.58	
15 Isabelle Katwa 1:20.017 (1:20.017) 2:47.022 (1:27.006) 4:16.300 (1:29.278) 5:51.813 (1:35.513) 7:31.231 (1:39.418) 9:07.447 (1:36.216) 10:44.849 (1:37.402) 12:15.008 (1:30.159)	8	Cotter/Hope	11:19.72	12:15.01	
16 Megan Snider 1:22.489 (1:22.489) 2:52.080 (1:29.592) 4:20.013 (1:27.933) 5:51.344 (1:31.331) 7:28.407 (1:37.064) 9:07.812 (1:39.406) 10:45.689 (1:37.877) 12:19.527 (1:33.839)	10	Mounds Park Academy	11:58.06	12:19.53	
17 Ari Dahl 1:23.238 (1:23.238) 2:51.762 (1:28.525) 4:21.955 (1:30.193) 5:55.550 (1:33.595) 7:35.140 (1:39.591) 9:16.533 (1:41.393) 11:01.647 (1:45.115) 12:25.695 (1:24.048)	7	Cromwell-Wright	12:22.14	12:25.70	
18 Grace Hahm 1:21.340 (1:21.340) 2:50.820 (1:29.480) 4:21.108 (1:30.288) 5:56.224 (1:35.117) 7:37.019 (1:40.795) 9:22.289 (1:45.271) 11:04.389 (1:42.100) 12:25.732 (1:21.344)	12	West Lutheran	11:57.68	12:25.74	
19 Summer Mollberg 1:20.944 (1:20.944) 2:50.443 (1:29.500) 4:17.326 (1:26.883) 5:50.667 (1:33.341) 7:28.912 (1:38.246) 9:11.782 (1:42.871) 10:53.706 (1:41.924) 12:31.005 (1:37.300)	8	Luverne	11:47.22	12:31.01	

Girls 100 Meter Hurdles Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times****Class Record: 14.31 C 6/9/2022 Shaina Zinter, Concordia Academ****MN All Time: 13.81 ! 2022 Ava Fitzgerald, Roseville Area****Nat'l H.S.: 13.03 + 2007 Vashti Thomas, San Jose Mt. Pleasant CA****24 Champion: 14.76 6/7/2024 Lucea Wales, A.B.E**

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Elizabeth Tuttle	11	St. Paul Academy & Summit S	14.15	15.13 Q	-1.6	3
2 Aubryana Boldt	11	Rushford-Peterson/Houston	15.17	15.51 Q	-1.0	1
3 Rilee Breth	11	Holdingford	15.02	15.58 Q	-3.4	2

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Preliminaries ... (Girls 100 Meter Hurdles Class A)

	Name	Yr	School	Seed	Prelims	Wind	H#
4	Elena Hartung	12	Pine Island	15.33	15.41 Q	-1.6	3
5	Adella Schmoll	12	RACE	15.44	15.54 Q	-1.0	1
6	Aynslee Johannsen	9	Frazee	15.22	15.79 Q	-3.4	2
7	Lauryn Ankeny	11	Minnewaska Area	15.32	15.46 q	-1.6	3
8	Candice Ndomb	10	Marshall (Duluth)	15.50	15.59 q	-1.0	1
9	Harlie Schwope	9	Osakis	15.81	15.71 q	-1.0	1
10	Kenlie Blom	10	Atwater-Cosmos-Grove City	15.21	15.78	-1.0	1
11	Ava Noble	11	Benson/KMS	15.37	15.89	-3.4	2
12	Augusta Papik	12	Luverne	15.83	15.95	-3.4	2
13	Maddie Huiras	12	Mankato Loyola/Cleveland	15.61	15.96	-1.6	3
14	Sophia Vogel	12	Central Minnesota Christian	15.69	16.14	-3.4	2
15	Jocelyn Zoller	12	Eden Valley-Watkins/Kimball	15.83	16.17	-1.6	3
16	Kamryn Davey	9	Minnesota Valley Lutheran	15.71	16.43	-1.0	1
17	Aurora Kabat	9	La Crescent-Hokah	15.67	16.51	-1.6	3
18	Sarah Toyli	12	Parkers Prairie	15.99	16.68	-1.6	3
19	Brita Westman	12	Aitkin	16.98	16.80	-1.0	1
20	Natalie Aakre	8	Park Christian	17.17	17.03	-1.0	1
21	Kaylee Pieper	10	Lake of the Woods/Rainy Rive	16.89	17.82	-3.4	2
---	Michaela Zenz	12	Concordia Academy	15.56	DNS	-3.4	2

Girls 100 Meter Hurdles Class A

Class Record:	14.31	C	6/9/2022	Shaina Zinter, Concordia Academ
MN All Time:	13.81	!	2022	Ava Fitzgerald, Roseville Area
Nat'l H.S.:	13.03	+	2007	Vashti Thomas, San Jose Mt. Pleasant CA
24 Champion:	14.76		6/7/2024	Lucea Wales, A.B.E

	Name	Yr	School	Prelims	Finals	Wind	Points
Finals							
1	Elizabeth Tuttle	11	St. Paul Academy & Summit St	15.13	14.67	-1.9	12
2	Rilee Breth	11	Holdingford	15.58	15.29	-1.9	10
3	Aubryana Boldt	11	Rushford-Peterson/Houston	15.51	15.41	-1.9	8
4	Lauryn Ankeny	11	Minnewaska Area	15.46	15.60	-1.9	6
5	Candice Ndomb	10	Marshall (Duluth)	15.59	15.68	-1.9	5
6	Harlie Schwope	9	Osakis	15.71	15.80	-1.9	4
7	Adella Schmoll	12	RACE	15.54	15.86	-1.9	3
8	Aynslee Johannsen	9	Frazee	15.79	15.98	-1.9	2
9	Elena Hartung	12	Pine Island	15.41	17.15	-1.9	1

Girls 300 Meter Hurdles Class A

9 Advance: Top 2 Each Heat plus Next 3 Best Times				
Class Record:	42.38	C	6/9/2022	Shaina Zinter, Concordia Academ
MN All Time:	41.35	!	6/11/2016	Meleah Biermaier, Thief River Falls
Nat'l H.S.:	39.98	+	2001	Lashinda Demus, Long Beach Wilson, CA
24 Champion:	44.82		6/7/2024	Elizabeth Tuttle, St. Paul Academy

	Name	Yr	School	Seed	Prelims	H#
Preliminaries						
1	Elizabeth Tuttle	11	St. Paul Academy & Summit St	46.85	43.82 Q	2
2	Ava Noble	11	Benson/KMS	44.79	43.99 Q	1
3	Kylee Loren	9	PACT/Legacy	44.22	44.47 Q	3
4	Violette Metz	11	Pillager	44.65	44.52 Q	1

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Preliminaries ... (Girls 300 Meter Hurdles Class A)

Name	Yr	School	Seed	Prelims	H#
5 Sophia Vogel	12	Central Minnesota Christian	44.92	44.91 Q	3
6 Elena Hartung	12	Pine Island	44.55	45.16 Q	2
7 Lauryn Ankeny	11	Minnewaska Area	44.83	45.64 q	2
8 Rilee Breth	11	Holdingford	47.12	45.66 q	1
9 Maddie Huiras	12	Mankato Loyola/Cleveland	46.30	45.74 q	1
10 Jocelyn Zoller	12	Eden Valley-Watkins/Kimball	46.26	45.89	1
11 Adella Schmoll	12	RACE	45.05	45.98	3
12 Onikia Herme	12	Janesville Waldorf Pemberton	48.36	46.63	3
13 Annika Adolphson	9	West Marshall	46.54	46.74	3
14 Aurora Kabat	9	La Crescent-Hokah	45.18	46.87	2
15 Grace Officer	11	Park Rapids Area	47.91	46.89	3
16 Candice Ndomb	10	Marshall (Duluth)	46.30	47.43	2
17 Mali Quam	8	Kenyon-Wanamingo-Goodhue*	46.38	47.60	3
18 Sadie Sanders	12	Lake City	47.07	47.65	1
19 Grace Backstrom	12	Pelican Rapids	47.29	48.43	2
20 Heidi Weis	10	Marshall (Duluth)	49.58	50.25	2

Girls 300 Meter Hurdles Class A

Class Record:	42.38	C	6/9/2022	Shaina Zinter, Concordia Academ
MN All Time:	41.35	!	6/11/2016	Meleah Biermaier, Thief River Falls
Nat'l H.S.:	39.98	+	2001	Lashinda Demus, Long Beach Wilson, CA
24 Champion:	44.82		6/7/2024	Elizabeth Tuttle, St. Paul Academy

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Elizabeth Tuttle	11	St. Paul Academy & Summit St	43.82	43.22	12
2 Violette Metz	11	Pillager	44.52	43.71	10
3 Ava Noble	11	Benson/KMS	43.99	43.84	8
4 Kylee Loren	9	PACT/Legacy	44.47	43.89	6
5 Lauryn Ankeny	11	Minnewaska Area	45.64	44.85	5
6 Sophia Vogel	12	Central Minnesota Christian	44.91	44.92	4
7 Rilee Breth	11	Holdingford	45.66	45.05	3
8 Elena Hartung	12	Pine Island	45.16	45.45	2
9 Maddie Huiras	12	Mankato Loyola/Cleveland	45.74	45.71	1

Girls 4x100 Meter Relay Class A

9 Advance: Top 2 Each Heat plus Next 3 Best Times	
Class Record:	48.18 C 2017 Minneapolis Edison, Minneapolis Edison
	L Senaphanh, J Lewis, C Rush, J Lewis
MN All Time:	47.28 ! 6/11/2016 St. Michael-Albertville, St. Michael-Albertville
	A Keefer, C Witherspoon, K Tschida, W Perry
Nat'l H.S.:	44.24 + 2019 DeSoto, DeSoto
24 Champion:	48.84 6/7/2024 Bagley/Fosston, Bagley/Fosst
	C Klinkhammer, S Friesen, T Manecke, A Phrakonkham

Team	Relay	Seed	Prelims	H#
Preliminaries				
1 Concordia Academy		49.44	48.77 Q	3
1) Emma Wasiloski 12	2) Elissa nsus 11	3) Anna Konsti 11	4) Gabbi Meloch 10	
2 Hills-Beaver Creek		49.85	49.31 Q	1
1) Trinity Olson 8	2) Ava Steinhoff 10	3) Abigail Harris 11	4) Brynn Bakken 10	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Preliminaries ... (Girls 4x100 Meter Relay Class A)

Team	Relay	Seed	Prelims	H#
3 Central Minnesota Christian		50.06	49.40 Q	2
1) Stella TeBrake 8	2) Sophia Vogel 12	3) Naomi Asake 12	4) Carene Jean Louis 12	
4 Bagley/Fosston		50.21	49.31 Q	3
1) Claire Klinkhammer 10	2) Hatty Quam 9	3) Chaela Olson 9	4) Ava Phrakonkham 12	
5 St. Charles		50.31	49.73 Q	1
1) Abby Hoffman 12	2) Samantha Perez 12	3) Kate Vermilya 9	4) Madilynn Bjerke 9	
6 Janesville Waldorf Pemberton		49.67	49.74 Q	2
1) Brielle Bure 12	2) Nevaeh Weimert 11	3) Katelyn Olson 11	4) Lilly Strauss 12	
7 Chatfield		50.27	49.92 q	2
1) Adeline Schild 7	2) Savannah Peterson 10	3) Natalie Davidson 8	4) Jaelyn LaPlante 12	
8 Litchfield		50.40	49.96 q	1
1) Samantha Turck 12	2) Josy Turck 9	3) Eden Harless 11	4) Josie Bjorkman 10	
9 Cotter/Hope		50.23	50.05 q	3
1) Claire Heiring 12	2) Elizabeth Gibson 10	3) Macy Donnenwerth 11	4) Clarissa Sauer 12	
10 Pine Island		49.86	50.07	1
1) Zoe Njus 12	2) McKinley Sorum 10	3) Lyndee Northrop 12	4) Reighley Sorum 12	
11 Minneapolis North Communit		50.60	50.22	3
1) Raymaja Turner 10	2) Alexandria Hill 10	3) Tayler Pettis 10	4) Shayna Glover 12	
12 Royalton		50.80	50.55	1
1) Hailey Hartung 8	2) Sara Kroll 9	3) Aurora Walberg 12	4) Lydia Prokott 11	
13 Benson/KMS		50.73	50.57	1
1) Izzy Wirth 12	2) Julia Claussen 11	3) Kaida Helgenset 10	4) Carly Tolifson 10	
14 Pierz		50.70	50.66	2
1) Avery Gruber 12	2) Maya Gahler 10	3) Evalie Gall 11	4) Claire Gruber 11	
15 Lanesboro-Fillmore Central-M		50.88	50.66	3
1) Hannah Vaalemoen 9	2) Charlotte Ferrie 8	3) Lillyan Kiehne 11	4) Kinley Soiney 11	
16 Esko		51.65	50.69	1
1) Reese Kuklinski 12	2) Kaitlyn McConnell 12	3) Liberty Clifford 12	4) Whitney Hanson 11	
17 Pillager		50.54	50.79	2
1) Veronica Metz 10	2) Sophie Schlosser 10	3) Makenna Camacho 11	4) Violette Metz 11	
18 Chisholm		52.00	50.89	1
1) Jezirae Flack 10	2) Auvryana Worlie 8	3) Hailey Johnson 12	4) Zoe Plombon 10	
19 West Marshall		50.62	51.03	3
1) Kenley Marquis 9	2) Naomi Davey 8	3) Annika Adolphson 9	4) Markelle Pederson 11	
20 Redwood Valley		50.86	51.35	2
1) Brinn Wicks 11	2) Kendall Huhnerkoch 12	3) Caitlin Flinn 12	4) Cali Johnson 12	
21 Waterville-Elysian-Morristow		51.04	51.59	3
1) Rachel Mielke 7	2) Mckenna Schuster 12	3) Loryn Caldwell 12	4) Addison Condon 11	
22 Minnewaska Area		51.27	51.96	2
1) Emma Hellerman 10	2) Dacia Fleury 12	3) Allison Curry 9	4) Mya VanLuik 9	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Girls 4x100 Meter Relay Class A

Class Record:	48.18	C	2017	Minneapolis Edison, Minneapolis Edison
				L Senaphanh, J Lewis, C Rush, J Lewis
MN All Time:	47.28	!	6/11/2016	St. Michael-Albertville, St. Michael-Albertville
				A Keefer, C Witherspoon, K Tschida, W Perry
Nat'l H.S.:	44.24	+	2019	DeSoto, DeSoto
24 Champion:	48.84		6/7/2024	Bagley/Fosston, Bagley/Fosst
				C Klinkhammer, S Friesen, T Manecke, A Phrakonkham
Team	Relay	Prelims	Finals	Points

Finals

1	Concordia Academy	48.77	48.97	12
	1) Emma Wasiloski 12		4) Gabbi Meloch 10	
2	Janesville Waldorf Pemberton	49.74	49.69	10
	1) Brielle Bure 12		4) Lilly Strauss 12	
3	Central Minnesota Christian	49.40	49.84	8
	1) Stella TeBrake 8		4) Carene Jean Louis 12	
4	St. Charles	49.73	50.21	6
	1) Abby Hoffman 12		4) Madilynn Bjerke 9	
5	Litchfield	49.96	50.28	5
	1) Samantha Turck 12		4) Josie Bjorkman 10	
6	Chatfield	49.92	50.56	4
	1) Adeline Schild 7		4) Jaelyn LaPlante 12	
7	Hills-Beaver Creek	49.31	50.69	3
	1) Trinity Olson 8		4) Brynn Bakken 10	
8	Cotter/Hope	50.05	50.77	2
	1) Claire Heiring 12		4) Clarissa Sauer 12	
9	Bagley/Fosston	49.31	50.89	1
	1) Claire Klinkhammer 10		4) Ava Phrakonkham 12	

Girls 4x200 Meter Relay Class A

9 Advance: Top 2 Each Heat plus Next 3 Best Times	
Class Record:	1:43.60 C 6/7/2024
	Cotter/Hope Lutheran, Cotter/Hope
	C Heiring, C Puente Infante, A Schossow, C Sauer
MN All Time:	1:39.20 ! 6/10/2017
	North St. Paul, North St. Paul
	A Pratt, S Jones, J Cooke, J Cager
Nat'l H.S.:	1:33.87 + 2004
	Long Beach Poly, CA
24 Champion:	1:43.60 6/7/2024
	Cotter/Hope Lutheran, Cotter/Hope
	C Heiring, C Puente Infante, A Schossow, C Sauer
Team	Relay

Preliminaries

1	St. Cloud Cathedral	1:44.02 C	1:42.52 Q	2
	1) Amelia Newiger 10		4) Erika Salaski 11	
2	PACT/Legacy	1:43.45 C	1:43.29 Q	3
	1) Grace Thompson 12		4) Favour Adetunji 10	
3	Janesville Waldorf Pemberton	1:45.08	1:44.78 Q	1
	1) Onikia Herme 12		4) Lilly Strauss 12	
4	GMLOKS	1:46.23	1:44.61 Q	3
	1) Lydia Redman 11		4) Chantle Reiland 12	
5	Park Rapids Area	1:45.95	1:44.87 Q	2
	1) Avery Schueller 10		4) Addison Lauwagie 12	
6	Pine Island	1:45.43	1:45.84 Q	1
	1) Zoe Njus 12		4) Elena Hartung 12	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Preliminaries ... (Girls 4x200 Meter Relay Class A)

Team	Relay	Seed	Prelims	H#
7 West Marshall		1:46.14	1:44.74 q	3
1) Kenley Marquis 9	2) Naomi Davey 8	3) Annika Adolphson 9	4) Markelle Pederson 11	
8 Maple Lake		1:46.24	1:44.98 q	2
1) Reese Hartkopf 10	2) Avery Lee 12	3) Sydney Breimon 12	4) Alex Kiebel 12	
9 Concordia Academy		1:46.50	1:45.36 q	3
1) Emma Wasiloski 12	2) Gabbi Meloch 10	3) Elissa nsus 11	4) Sarai Kieser 11	
10 Canby/Minneota		1:47.21	1:46.36	3
1) Jordyn Jostock 9	2) Natalie Stoks 12	3) Brynn Kockelman 11	4) Taylor Ourada 10	
11 Eden Valley-Watkins/Kimball		1:46.45	1:46.57	2
1) Emma Wirz 10	2) Cambel Hesse 12	3) Ellie Becker 12	4) Hope Kuechle 10	
12 St. Croix Preparatory Academ		1:46.43	1:46.64	1
1) Michiana Kamara 8	2) Marley Murdock 11	3) Rachel Gage 9	4) Natalie Munn 10	
13 Ottertail Central		1:47.44	1:46.73	1
1) Annabelle Evavold 8	2) Belle Bormann 10	3) Myiesha Antoni 11	4) Kinley Bormann 10	
14 Redwood Valley		1:46.34	1:46.96	1
1) Kendall Huhnerkoch 12	2) Brinn Wicks 11	3) Caitlin Flinn 12	4) Cali Johnson 12	
15 Moose Lake/Willow River		1:47.43	1:47.34	1
1) Maddie Volk 12	2) Ava Menten 9	3) Khloey Schmidt 9	4) Tyler Orvedahl 10	
16 Osakis		1:47.47	1:47.77	2
1) Harlie Schwope 9	2) Ally Boyer 10	3) Kaelyn Walker 11	4) Addison Roering 10	
17 Frazee		1:47.24	1:47.87	2
1) Aynslee Johannsen 9	2) Aubree Bristlin 10	3) Jayden Sonnenberg 11	4) Brynn Larson 11	
18 Minnewaska Area		1:47.51	1:48.03	3
1) Emma Hellerman 10	2) Ellie Winter 8	3) Dacia Fleury 12	4) Mya VanLuik 9	
19 Cotter/Hope		1:47.70	1:49.14	3
1) Macy Donnenwerth 11	2) Claire Heiring 12	3) Elizabeth Gibson 10	4) Erin Gibson 8	
20 Jackson County Central		1:48.85	1:49.15	2
1) Natalia Botello-Ramos 10	2) Zoey Hall 10	3) Stevie Untiedt 9	4) Allison Luebben 7	
21 International Falls		1:49.72	1:49.94	1
1) Julia Dykstra 11	2) Claire Zika 8	3) Ila Hemstad 8	4) Mary Versteeg 11	

Girls 4x200 Meter Relay Class A

Class Record: 1:43.60 C 6/7/2024 **Cotter/Hope Lutheran, Cotter/Hope**
C Heiring, C Puente Infante, A Schossow, C Sauer
MN All Time: 1:39.20 ! 6/10/2017 **North St. Paul, North St. Paul**
A Pratt, S Jones, J Cooke, J Cager
Nat'l H.S.: 1:33.87 + 2004 **Long Beach Poly, CA**
24 Champion: 1:43.60 6/7/2024 **Cotter/Hope Lutheran, Cotter/Hope**
C Heiring, C Puente Infante, A Schossow, C Sauer

Team	Relay	Prelims	Finals	Points
Finals				
1 St. Cloud Cathedral		1:42.52	1:43.21 C	12
1) Amelia Newiger 10	2) Aubrey Lesnau 11	3) Julia Vega 11	4) Erika Salaski 11	
2 PACT/Legacy		1:43.29	1:44.52	10
1) Grace Thompson 12	2) Kylee Loren 9	3) Sarah Carlson 9	4) Favour Adetunji 10	
3 GMLOKS		1:44.61	1:45.02	8
1) Lydia Redman 11	2) Brynna Nelson 10	3) Breeley Galle 11	4) Chantle Reiland 12	
4 Janesville Waldorf Pemberton		1:44.78	1:45.56	6
1) Onikia Herme 12	2) Nevaeh Weimert 11	3) Katelyn Olson 11	4) Lilly Strauss 12	
5 Maple Lake		1:44.98	1:45.64	5
1) Reese Hartkopf 10	2) Avery Lee 12	3) Sydney Breimon 12	4) Alex Kiebel 12	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Girls 4x200 Meter Relay Class A)

Team	Relay	Prelims	Finals	Points
6 West Marshall		1:44.74	1:46.50	4
1) Kenley Marquis 9	2) Naomi Davey 8	3) Annika Adolphson 9	4) Markelle Pederson 11	
7 Pine Island		1:45.84	1:46.68	3
1) Zoe Njus 12	2) Reighley Sorum 12	3) Elena Kabat 12	4) Elena Hartung 12	
8 Concordia Academy		1:45.36	1:46.88	2
1) Emma Wasiloski 12	2) Gabbi Meloch 10	3) Elissa Mansus 11	4) Sarai Kieser 11	
--- Park Rapids Area		1:44.87	DQ	
1) Avery Schueller 10	2) Cassidy Grewe 10	3) Olivia Miller 12	4) Addison Lauwagie 12	

Girls 4x400 Meter Relay Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times****Class Record: 3:56.98 C 2001****Roseau, Roseau****B Lisell, S Olson, H Evans, A Anderson****MN All Time: 3:50.12 ! 6/6/2015****Lakeville South, Lakeville South****H Lubow, K Larson, C Slattery, J Mosser****Nat'l H.S.: 3:35.49 + 2004****Long Beach Poly, CA****24 Champion: 4:02.48 6/7/2024****Eden Valley-Watkins/Kimball, Eden Valley-****A Haag, J Zoller, B Kuechle, H Kuechle**

Team	Relay	Seed	Prelims	H#
Preliminaries				
1 Park Rapids Area		4:06.31	3:59.48 Q	1
1) Grace Officer 11	2) Olivia Miller 12	3) Madeline Brandt 10	4) Addison Lauwagie 12	
1:58.975 (1:58.975)	3:01.537 (1:02.562)	3:59.471 (57.935)		
2 Benson/KMS		4:05.92	4:02.73 Q	2
1) Carly Tolifson 10	2) Kaida Helgenset 10	3) Izzy Wirth 12	4) Ava Noble 11	
2:02.863 (2:02.863)	3:04.661 (1:01.798)	4:02.730 (58.070)		
3 PACT/Legacy		4:03.20	4:00.22 Q	1
1) Grace Thompson 12	2) Favour Adetunji 10	3) Kylee Loren 9	4) Sarah Carlson 9	
2:00.881 (2:00.881)	2:59.891 (59.011)	4:00.217 (1:00.326)		
4 Holdingford		4:02.93	4:02.84 Q	2
1) Brenna Konsor 8	2) Carly Mitchell 10	3) Maggie Gross 10	4) Rilee Breth 11	
2:03.131 (2:03.131)	3:03.725 (1:00.594)	4:02.836 (59.112)		
5 Janesville Waldorf Pemberton		4:03.73	4:00.93 q	1
1) Onikia Herme 12	2) Ashlynn Wolff 8	3) Nevaeh Weimert 11	4) Lilly Strauss 12	
1:59.779 (1:59.779)	2:59.993 (1:00.215)	4:00.929 (1:00.936)		
6 St. Croix Preparatory Academ		4:06.24	4:03.16 q	1
1) Siena Brown 11	2) Rachel Gage 9	3) Natalie Munn 10	4) Peyton Bluhm 8	
2:02.113 (2:02.113)	3:03.243 (1:01.130)	4:03.154 (59.911)		
7 Eden Valley-Watkins/Kimball		4:07.21	4:03.24 q	2
1) Cambel Hesse 12	2) Alayna Haag 10	3) Jocelyn Zoller 12	4) Hope Kuechle 10	
2:05.496 (2:05.496)	3:06.920 (1:01.425)	4:03.240 (56.320)		
8 Minnewaska Area		4:08.12	4:04.04 q	1
1) Dacia Fleury 12	2) Nori Song 8	3) Olivia Danielson 11	4) Lauryn Ankeny 11	
2:04.469 (2:04.469)	3:05.213 (1:00.745)	4:04.035 (58.822)		
9 Cotter/Hope		4:05.57	4:04.04 q	2
1) Claire Heiring 12	2) Erin Gibson 8	3) Brooklyn Staudacher 10	4) Macy Piechowski 12	
2:02.714 (2:02.714)	3:04.237 (1:01.523)	4:04.040 (59.803)		
10 Canby/Minneota		4:07.87	4:07.83	1
1) Jordyn Jostock 9	2) Taylor Ourada 10	3) Brynn Kockelman 11	4) Claire Stoks 12	
2:05.649 (2:05.649)	3:07.659 (1:02.011)	4:07.829 (1:00.170)		

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Preliminaries ... (Girls 4x400 Meter Relay Class A)

Team	Relay	Seed	Prelims	H#
11 Moose Lake/Willow River		4:10.54	4:08.37	1
1) Maddie Volk 12	2) Khloey Schmidt 9	3) Amelia Olson 12	4) Tyler Orvedahl 10	
2:04.783 (2:04.783)	3:07.846 (1:03.064)	4:08.369 (1:00.524)		
12 Frazee		4:08.81	4:08.42	2
1) Aynslee Johannsen 9	2) Brynn Larson 11	3) Rilynn Ruiz 7	4) Jayden Sonnenberg 11	
2:05.639 (2:05.639)	3:07.777 (1:02.138)	4:08.412 (1:00.636)		
13 Lake City		4:07.43	4:09.92	2
1) Sadie Sanders 12	2) Delilah Benjamin 11	3) Ava Emerson 9	4) Olivia Yotter 10	
2:06.466 (2:06.466)	3:09.119 (1:02.653)	4:09.918 (1:00.800)		
14 Fertile-Beltrami		4:12.41	4:10.56	2
1) Jordyn Rasch 9	2) Grace Proulx 12	3) Sofie Grunhovd 11	4) Katrina Hitchen 11	
2:06.928 (2:06.928)	3:11.160 (1:04.233)	4:10.553 (59.393)		
15 Lanesboro-Fillmore Central-N		4:09.83	4:10.64	2
1) Olivia Rindels 10	2) Kinley Soiney 11	3) Ella Halvorson 10	4) Lillyan Kiehne 11	
2:06.233 (2:06.233)	3:09.510 (1:03.277)	4:10.634 (1:01.125)		
16 St. Cloud Cathedral		4:09.96	4:11.85	1
1) Amelia Newiger 10	2) Emma Jamison 12	3) Cecilia Jamison 9	4) Aubrey Lesnau 11	
2:08.575 (2:08.575)	3:11.213 (1:02.638)	4:11.849 (1:00.636)		
17 Crosby-Ironton		4:12.44	4:14.59	2
1) Margaret Ringhand 11	2) Sammie Hachey 11	3) Anna Westin 12	4) Maria Ringhand 12	
2:10.509 (2:10.509)	3:12.203 (1:01.695)	4:14.589 (1:02.386)		
18 St. Clair/Immanuel Lutheran		4:13.73	4:16.59	1
1) Lila Quast 8	2) Brooke Hagen 12	3) Kate Daly 10	4) Valerie Quast 11	
2:07.446 (2:07.446)	3:13.227 (1:05.781)	4:16.582 (1:03.356)		

Girls 4x400 Meter Relay Class A**Class Record: 3:56.98 C 2001****Roseau, Roseau****MN All Time: 3:50.12 ! 6/6/2015****B Lisell, S Olson, H Evans, A Anderson****Lakeville South, Lakeville South****Nat'l H.S.: 3:35.49 + 2004****H Lubow, K Larson, C Slattery, J Mosser****Long Beach Poly, CA****24 Champion: 4:02.48 6/7/2024****Eden Valley-Watkins/Kimball, Eden Valley-****A Haag, J Zoller, B Kuechle, H Kuechle**

Team	Relay	Prelims	Finals	Points
Finals				
1 Park Rapids Area		3:59.48	3:57.71	12
1) Grace Officer 11	2) Olivia Miller 12	3) Madeline Brandt 10	4) Addison Lauwagie 12	
1:58.313 (1:58.313)	3:01.544 (1:03.231)	3:57.703 (56.160)		
2 Janesville Waldorf Pemberton		4:00.93	3:59.63	10
1) Onikia Herme 12	2) Ashlynn Wolff 8	3) Nevaeh Weimert 11	4) Lilly Strauss 12	
1:59.110 (1:59.110)	2:59.533 (1:00.424)	3:59.625 (1:00.092)		
3 St. Croix Preparatory Academ		4:03.16	4:00.53	8
1) Siena Brown 11	2) Rachel Gage 9	3) Natalie Munn 10	4) Peyton Bluhm 8	
2:01.913 (2:01.913)	3:01.642 (59.729)	4:00.527 (58.885)		
4 PACT/Legacy		4:00.22	4:01.02	6
1) Grace Thompson 12	2) Favour Adetunji 10	3) Kylee Loren 9	4) Sarah Carlson 9	
2:01.594 (2:01.594)	3:00.866 (59.272)	4:01.015 (1:00.149)		
5 Holdingford		4:02.84	4:01.28	5
1) Brenna Konsor 8	2) Carly Mitchell 10	3) Maggie Gross 10	4) Rilee Breth 11	
2:02.646 (2:02.646)	3:02.638 (59.992)	4:01.272 (58.635)		
6 Benson/KMS		4:02.73	4:02.11	4
1) Carly Tolifson 10	2) Kaida Helgenset 10	3) Izzy Wirth 12	4) Ava Noble 11	
2:01.281 (2:01.281)	3:03.625 (1:02.345)	4:02.102 (58.477)		

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Girls 4x400 Meter Relay Class A)

Team	Relay	Prelims	Finals	Points
7 Eden Valley-Watkins/Kimball		4:03.24	4:04.36	3
1) Cambel Hesse 12	2) Alayna Haag 10	3) Jocelyn Zoller 12	4) Hope Kuechle 10	
2:05.883 (2:05.883)	3:07.721 (1:01.839)	4:04.355 (56.634)		
8 Minnewaska Area		4:04.04	4:04.51	2
1) Dacia Fleury 12	2) Nori Song 8	3) Olivia Danielson 11	4) Lauryn Ankeny 11	
2:03.364 (2:03.364)	3:05.611 (1:02.248)	4:04.502 (58.891)		
9 Cotter/Hope		4:04.04	4:05.08	1
1) Claire Heiring 12	2) Erin Gibson 8	3) Brooklyn Staudacher 10	4) Macy Piechowski 12	
2:02.942 (2:02.942)	3:04.301 (1:01.360)	4:05.072 (1:00.771)		

Girls 4x800 Meter Relay Class A**Class Record: 9:21.36 C 2011****Dover-Eyota/St. Charles, Dover-Eyota/St. Charles
B Blattner, N Ratz, K Gathje, A Buntrock****MN All Time: 8:59.69 ! 6/11/2016****Edina, Edina****Nat'l H.S.: 8:46.30 + 2024****T Sweeney, M Rickman, A Mosborg, E Kompelien****24 Champion: 9:36.26 6/7/2024****Lewisville FLower Mound, TX****St. John's Prep, St. John's P****M Duffy, C Ruzanic, L Ruzanic, O Pauly**

Team	Relay	Seed	Finals	H#	Points
Finals					
1 MACCRAY/RCW		9:48.37	9:38.20	2	12
1) Sam Hultgren 10	2) Evangeline LeGare 9	3) Frida Barrera 12	4) Brielle Janssen 11		
1:08.626 (1:08.626)	2:24.957 (1:16.331)	3:34.300 (1:09.344)	4:49.833 (1:15.533)		
5:56.302 (1:06.470)	7:13.097 (1:16.796)	8:19.565 (1:06.468)	9:38.200 (1:18.635)		
2 United Clay-Becker		9:59.34	9:43.45	1	10
1) Lily Olson 12	2) Keela Johnson 12	3) Chloe Johnson 10	4) Katarina Vetter 10		
1:09.064 (1:09.064)	2:24.487 (1:15.423)	3:33.750 (1:09.263)	4:51.876 (1:18.126)		
5:59.291 (1:07.415)	7:16.427 (1:17.137)	8:27.532 (1:11.105)	9:43.445 (1:15.913)		
3 Lake City		9:36.81	9:44.30	2	8
1) Peyton Meincke 12	2) Eden Olson 10	3) Ava Emerson 9	4) Olivia Yotter 10		
1:05.809 (1:05.809)	2:20.769 (1:14.961)	3:33.902 (1:13.133)	4:49.041 (1:15.139)		
5:56.717 (1:07.677)	7:19.797 (1:23.080)	8:27.513 (1:07.716)	9:44.291 (1:16.778)		
4 Bertha-Hewitt/Verndale		9:48.58	9:48.61	2	6
1) Piper Dean 11	2) Miette Hansel 11	3) Kendra Miller 10	4) Lezah Dean 12		
1:10.098 (1:10.098)	2:26.847 (1:16.750)	3:38.665 (1:11.818)	4:57.234 (1:18.569)		
6:08.049 (1:10.815)	7:24.291 (1:16.243)	8:35.499 (1:11.208)	9:48.606 (1:13.107)		
5 Rochester Lourdes		9:50.52	9:48.99	2	5
1) Anna Peikert 12	2) Olivia Timbers 10	3) Vanessa Brooks 9	4) Olivia Maloney 8		
1:06.213 (1:06.213)	2:26.443 (1:20.230)	3:38.426 (1:11.984)	4:55.004 (1:16.578)		
6:07.116 (1:12.112)	7:25.942 (1:18.826)	8:36.072 (1:10.130)	9:48.981 (1:12.910)		
6 Minnewaska Area		9:42.85	9:49.42	2	4
1) Ella Larson 9	2) Maia Larson 8	3) Nori Song 8	4) Olivia Danielson 11		
1:12.967 (1:12.967)	2:32.062 (1:19.095)	3:44.037 (1:11.975)	5:03.736 (1:19.699)		
6:10.533 (1:06.798)	7:27.974 (1:17.441)	8:35.957 (1:07.983)	9:49.414 (1:13.458)		
7 Lanesboro-Fillmore Central-M		9:50.85	9:52.09	2	3
1) Kinley Soiney 11	2) Madilyn Zwart 9	3) Lillyan Kiehne 11	4) Autumn Rakosnik 9		
1:08.973 (1:08.973)	2:29.198 (1:20.226)	3:38.840 (1:09.643)	4:56.988 (1:18.148)		
6:07.939 (1:10.952)	7:25.676 (1:17.738)	8:35.787 (1:10.112)	9:52.082 (1:16.295)		
8 St. Cloud Cathedral		9:50.32	9:52.34	2	2
1) Katelyn Waldoch 10	2) Emma Jamison 12	3) Lilly Jamison 11	4) Cecilia Jamison 9		
1:12.244 (1:12.244)	2:29.226 (1:16.982)	3:38.784 (1:09.558)	4:55.950 (1:17.167)		
6:07.888 (1:11.938)	7:25.003 (1:17.115)	8:35.716 (1:10.713)	9:52.333 (1:16.618)		

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Girls 4x800 Meter Relay Class A)

Team	Relay	Seed	Finals	H#	Points
9 Kenyon-Wanamingo-Goodhue		9:45.02	9:54.77	2	1
1) Audrey Haugen 11	2) Ayva Marklevits 8	3) Kaelynn Ryan 12	4) Mari O'Connor 10		
1:10.123 (1:10.123)	2:25.894 (1:15.772)	3:37.961 (1:12.068)	4:55.971 (1:18.011)		
6:08.343 (1:12.372)	7:27.122 (1:18.780)	8:36.439 (1:09.318)	9:54.768 (1:18.329)		
10 St. John's Prep		9:46.01	9:55.36	2	
1) Louise Ruzanic 12	2) Sofia Pauly 10	3) Claudia Ruzanic 9	4) Margaret Duffy 10		
1:11.478 (1:11.478)	2:27.692 (1:16.214)	3:39.027 (1:11.335)	4:58.024 (1:18.997)		
6:11.430 (1:13.407)	7:33.936 (1:22.506)	8:42.475 (1:08.539)	9:55.360 (1:12.886)		
11 Cotter/Hope		9:40.84	9:57.02	2	
1) Isabelle Katwa 8	2) Shanae Duncan 11	3) Emma Hatanpa 8	4) Brooklyn Staudacher 10		
1:09.527 (1:09.527)	2:25.239 (1:15.712)	3:37.385 (1:12.147)	4:55.547 (1:18.162)		
6:06.996 (1:11.449)	7:28.892 (1:21.896)	8:39.589 (1:10.697)	9:57.017 (1:17.429)		
12 Pierz		9:53.35	10:01.20	1	
1) Chloe Lochner 11	2) Morgan Litke 11	3) Sophie Leidenfrost 11	4) Quinn Gruber 9		
1:14.981 (1:14.981)	2:30.318 (1:15.337)	3:39.332 (1:09.014)	4:59.345 (1:20.014)		
6:12.480 (1:13.135)	7:36.993 (1:24.514)	8:49.200 (1:12.207)	10:01.198 (1:11.998)		
13 St. Paul Academy & Summit		9:52.12	10:03.63	2	
1) Sophie Kannapiran 9	2) Lucy Byrnes 9	3) Maren Overgaard. 11	4) Paloma Good 10		
1:07.981 (1:07.981)	2:29.875 (1:21.894)	3:44.915 (1:15.040)	5:03.089 (1:18.175)		
6:10.126 (1:07.038)	7:32.970 (1:22.844)	8:42.729 (1:09.760)	10:03.628 (1:20.899)		
14 Trinity/Unity		9:59.27	10:04.01	1	
1) Luciana Hastreiter 10	2) Adi Bye 12	3) Lilah Day 8	4) Abby Bye 10		
1:15.656 (1:15.656)	2:34.455 (1:18.800)	3:45.216 (1:10.761)	5:05.178 (1:19.962)		
6:17.793 (1:12.615)	7:35.303 (1:17.510)	8:46.137 (1:10.835)	10:04.002 (1:17.865)		
15 PACT/Legacy		9:59.29	10:04.37	1	
1) Xandra Jackson 10	2) Liana Thompson 10	3) Ava Svec 12	4) Isabella Lindquist 10		
1:13.877 (1:13.877)	2:32.481 (1:18.604)	3:45.269 (1:12.788)	5:00.076 (1:14.807)		
6:10.851 (1:10.776)	7:34.355 (1:23.504)	8:46.331 (1:11.976)	10:04.366 (1:18.036)		
16 Crosby-Ironton		9:55.00	10:07.46	1	
1) Margaret Ringhand 11	2) Madeline Lacerte 11	3) Maria Ringhand 12	4) Anna Westin 12		
1:15.362 (1:15.362)	2:33.803 (1:18.441)	3:48.024 (1:14.222)	5:06.686 (1:18.662)		
6:18.098 (1:11.412)	7:37.108 (1:19.010)	8:47.861 (1:10.753)	10:07.454 (1:19.594)		
17 United North Central		9:49.88	10:07.87	2	
1) Anaya Aho 10	2) Anjalie Aho 12	3) Eva Lehto 7	4) Macie Josephson 11		
1:13.376 (1:13.376)	2:31.397 (1:18.021)	3:41.922 (1:10.526)	5:03.676 (1:21.754)		
6:17.627 (1:13.951)	7:38.826 (1:21.200)	8:50.253 (1:11.427)	10:07.865 (1:17.612)		
18 River Valley		10:06.48	10:08.40	1	
1) Emmie McCone 12	2) Lydia Dauer 8	3) Marissa Pabst 12	4) Katie Thram 11		
1:16.740 (1:16.740)	2:39.113 (1:22.374)	3:52.284 (1:13.171)	5:12.174 (1:19.891)		
6:17.320 (1:05.146)	7:37.839 (1:20.519)	8:48.240 (1:10.402)	10:08.395 (1:20.155)		
19 Hillcrest Lutheran Academy		9:52.28	10:08.57	1	
1) Katie Holzner 12	2) Kaia Fiskness 10	3) Elsa Retzlaff 9	4) Maddie Miller 11		
1:15.301 (1:15.301)	2:31.833 (1:16.532)	3:43.409 (1:11.577)	5:02.456 (1:19.047)		
6:14.052 (1:11.597)	7:37.091 (1:23.039)	8:49.024 (1:11.934)	10:08.561 (1:19.538)		
20 Esko		9:57.64	10:11.48	1	
1) Layla Peterson 7	2) Paiton Plante 9	3) Ava McKibbin 10	4) Naiya Ruuska 8		
1:15.970 (1:15.970)	2:34.560 (1:18.590)	3:47.753 (1:13.194)	5:06.561 (1:18.808)		
6:18.407 (1:11.846)	7:40.715 (1:22.308)	8:54.827 (1:14.112)	10:11.473 (1:16.646)		
21 Silver Bay		9:57.60	10:13.00	1	
1) Ivy Aldinger 8	2) Sierra Geatz 10	3) Valerie Melander 11	4) Sophia Schut 8		
1:16.246 (1:16.246)	2:34.471 (1:18.226)	3:48.003 (1:13.532)	5:05.891 (1:17.888)		
6:18.454 (1:12.563)	7:37.512 (1:19.059)	8:55.257 (1:17.746)	10:12.998 (1:17.741)		

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

22	Janesville Waldorf Pemberton	9:57.95	10:13.03	1
	1) MaKaela Westphal 8	2) Kwynn Krause 11	3) Ashlynn Wolff 8	4) MaKenzie Westphal 9
	1:16.227 (1:16.227)	2:36.705 (1:20.479)	3:53.368 (1:16.663)	5:19.562 (1:26.194)
	6:26.749 (1:07.188)	7:46.921 (1:20.172)	8:53.198 (1:06.277)	10:13.030 (1:19.833)

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Girls 4x800 Meter Relay Class A)

Team	Relay	Seed	Finals	H#	Points
23 Canby/Minneota		10:13.11	10:14.26	1	
1) Jordyn Jostock 9	2) Rachel Jelen 9	3) Mya Pesek 9	4) Claire Stoks 12		
1:17.201 (1:17.201)	2:38.456 (1:21.256)	3:50.666 (1:12.210)	5:09.944 (1:19.278)		
6:21.403 (1:11.460)	7:46.116 (1:24.713)	8:54.415 (1:08.300)	10:14.260 (1:19.846)		
24 Park Rapids Area		10:14.83	10:17.54	1	
1) Nora Bolton 12	2) Katelynn Henderson 8	3) Grace Etter 11	4) Madeline Brandt 10		
1:16.410 (1:16.410)	2:35.860 (1:19.450)	3:51.430 (1:15.570)	5:08.941 (1:17.512)		
6:21.651 (1:12.710)	7:41.462 (1:19.811)	8:54.453 (1:12.991)	10:17.537 (1:23.084)		

Girls High Jump Class A**Starting Height: 4-10 up by 2" until 3 remain then by 1"****5 alive procedure may be used**

Class Record:	6-00	C	2021	Nyalaam Jok, Annandale
MN All Time:	6-00	!	6/18/2021	Nyalaam Jok, Annandale
Nat'l H.S.:	6-04.50	+	2015	Vashti Cunningham, La Vegas Bishop Gorman,N
24 Champion:	5-05		6/6/2024	McKaylen Lewis, Math & Science A

Name	Yr	School	Seed	Finals	Points
Finals					
1 Annika Aakre	11	Park Christian	5-04.00	5-07.00	12
2 McKaylen Lewis	10	Math & Science Academy	5-04.00	5-06.00	10
3 Kate Daly	10	St. Clair/Immanuel Lutheran	5-03.00	5-04.00	8
4 Ellie Becker	12	Eden Valley-Watkins/Kimball	5-03.00	5-04.00	6
5 Mayah Otto	11	St. Croix Lutheran	5-02.00	5-02.00	4.50
5 Jada Mitchell	11	New Life Academy of Woodbu	5-02.00	5-02.00	4.50
7 Ava Steinhoff	10	Hills-Beaver Creek	5-02.00	5-02.00	1.50
7 Madi Jeppesen	10	Cannon Falls	5-00.00	5-02.00	1.50
7 Lauren Queensland	12	GMLOKS	5-02.00	5-02.00	1.50
7 Megan Baumgartner	9	Cotter/Hope	5-00.00	5-02.00	1.50
11 Gabby Schlaak	11	New Richland-H-E-G	5-00.00	5-02.00	
12 Rilee Breth	11	Holdingford	5-02.00	5-02.00	
12 Myiesha Antoni	11	Ottertail Central	5-00.00	5-02.00	
12 Emma Norton	12	Browerville	5-02.00	5-02.00	
15 Grace Backstrom	12	Pelican Rapids	5-02.00	5-00.00	
15 Carly Tolifson	10	Benson/KMS	5-02.00	5-00.00	
15 Jade Severson	12	Pine Island	5-02.00	5-00.00	
18 Lydia Shultz	10	Ely	5-02.00	5-00.00	
18 Jayden Sonnenberg	11	Frazee	5-02.00	5-00.00	
18 Aubrey Polzin	8	Minnewaska Area	5-02.00	5-00.00	
21 Alex Kiebel	12	Maple Lake	5-02.00	5-00.00	
21 Nevaeh Shaw	12	GMLOKS	5-00.00	5-00.00	
21 Rebecca Cheadle	12	Heron Lake-Okabena/Fulda	5-00.00	5-00.00	
21 Anika Ladlie	10	New Richland-H-E-G	5-00.00	5-00.00	
25 Sophia Sampson	11	LeSueur-Henderson	5-00.00	5-00.00	
26 Mariah Koltes	10	Breckenridge	5-04.00	5-00.00	
26 Jaelyn LaPlante	12	Chatfield	5-00.00	5-00.00	
26 Charlotte Kirschner	9	Mankato Loyola/Cleveland	5-00.00	5-00.00	
29 Rylie Cother	12	Jackson County Central	5-02.00	5-00.00	
29 Mamie Luft	10	Benson/KMS	5-00.00	5-00.00	
31 Brynn Larson	11	Frazee	5-00.00	4-10.00	
32 Olivia Hagglund	9	Two Harbors	5-00.00	4-10.00	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Girls High Jump Class A)

Name	Yr	School	Seed	Finals	Points
--- Olivia Klasen	10	Upsala/Swanville	5-00.00	NH	
--- Allison LaVine	12	Clearbrook-Gonvick	5-00.00	NH	
--- Iris Husberg	11	Mayer Lutheran	5-00.00	NH	

Girls Pole Vault Class A

Starting Height: 9-0 up by 6" until 3 remain then by 3"

5 alive procedure may be used

Class Record:	12-07	C	2019	Ashley Hokanson, Perham
MN All Time:	13-09.25	!	6/9/2018	Julia Fixsen, Mounds View
Nat'l H.S.:	15-00	+	2023	Hana Moll, Olympia Capital, WA
24 Champion:	11-09		6/7/2024	Riley Sater, LeSueur-Hend

Name	Yr	School	Seed	Finals	Points
Finals					
1 Riley Sater	12	LeSueur-Henderson	10-08.00	11-06.00	12
2 Reese Bowers	12	Concordia Academy	11-06.00	11-03.00	10
3 Ashley Maneval	11	Barnesville	10-08.00	10-06.00	8
4 Addison Lauwagie	12	Park Rapids Area	10-02.00	10-06.00	6
5 Cambell Remus	10	PACT/Legacy	10-06.00	10-00.00	5
6 Ellie Becker	12	Eden Valley-Watkins/Kimball	10-02.00	10-00.00	4
7 Amelia McCabe	9	GMLOKS	9-08.00	10-00.00	3
8 Harlie Schwope	9	Osakis	10-08.00	9-06.00	1.50
8 Aleah Lindgren	12	Esko	9-06.00	9-06.00	1.50
10 Josie Eveslage	10	Melrose Area	10-08.00	9-06.00	
11 Markelle Pederson	11	West Marshall	10-02.00	9-06.00	
12 Kate Daly	10	St. Clair/Immanuel Lutheran	10-02.00	9-00.00	
13 Klaira Shackelford	12	Yellow Medicine East	9-05.00	9-00.00	
13 Annalise Sherman	11	Pine Island	9-08.00	9-00.00	
15 Keala Carroll	11	Benson/KMS	9-08.00	9-00.00	
--- Lucy Lewandowski	11	Crosby-Ironton	9-06.00	NH	

Girls Long Jump Class A

Class Record:	19-02.25	C	2009	Analisa Huschle, Bagley/Fosston
MN All Time:	19-03.75	!	6/8/2018	Patricia Johnson, Orono
Nat'l H.S.:	22-01.75	+	1976	Kathy McMillan, Raeford Hoke Co., NC
24 Champion:	19-09		6/6/2024	McKaylen Lewis, Math & Science A

Name	Yr	School	Seed	Finals	Wind	H#	Points
Finals							
1 McKaylen Lewis	10	Math & Science Academy	18-04.00	18-05.50	0.3	2	12
2 Ava Phrakonkham	12	Bagley/Fosston	17-02.50	18-03.50	-0.3	1	10
3 Trinity Giddings	12	Two Harbors	18-01.00	18-00.00	0.4	2	8
4 Aubryana Boldt	11	Rushford-Peterson/Houston	18-01.50	17-11.50	0.4	2	6
5 Adella Schmoll	12	RACE	17-04.50	17-08.75	0.2	2	5
6 Alexandria Hill	10	Minneapolis North Community	17-11.00	17-07.25	-0.5	2	4
7 Lilly Strauss	12	Janesville Waldorf Pemberton	16-10.50	17-07.25	1.0	1	3
8 Kendall Huhnerkoch	12	Redwood Valley	17-09.75	17-03.75	0.6	2	2
9 Kaitlyn McConnell	12	Esko	16-11.00	17-01.00	0.3	1	1
10 Kinley Bormann	10	Ottertail Central	17-01.00	17-00.50	0.5	1	
11 Rylie Cother	12	Jackson County Central	17-04.00	17-00.50	0.6	2	
12 Kendra Heintz	9	Rush City	17-03.25	17-00.50	0.5	2	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Girls Long Jump Class A)

	Name	Yr	School	Seed	Finals	Wind	H#	Points
13	Siiena Anderson	12	Cromwell-Wright	16-10.50	16-11.75	1.0	1	
14	Cali Johnson	12	Redwood Valley	17-02.50	16-11.00	0.6	1	
15	Addison Condon	11	Waterville-Elysian-Morristow	17-05.00	16-10.25	-0.2	2	
16	Chantle Reiland	12	GMLOKS	17-03.25	16-09.00	0.7	2	
17	Samantha Perez	12	St. Charles	17-05.00	16-09.00	0.8	2	
18	Carly Tolifson	10	Benson/KMS	16-11.75	16-07.50	0.1	1	
19	Sarah Toyli	12	Parkers Prairie	16-10.50	16-05.50	0.2	1	
20	Katelyn Olson	11	Janesville Waldorf Pemberton	17-02.00	16-00.00	0.7	1	
21	Kylie Snare	11	BGMR Freeze	16-10.50	15-10.00	1.2	1	
22	Delaney Cunningham	12	Mounds Park Academy	17-03.00	15-08.75	0.4	2	
23	Carly Mitchell	10	Holdingford	16-08.00	15-05.25	0.3	1	

Girls Triple Jump Class A

Class Record: 39-06 C 2021 **Maggie Larson, Maple Lake**
MN All Time: 40-05.50 ! 6/7/2014 **Mia Barron, Minnetonka**
Nat'l H.S.: 44-10 + 2019 **Jasmine Moore, Mansfield Lake Ridge, TX**
24 Champion: 38-11.50 6/7/2024 **Ellie Sosa, Dilworth-Gly**

	Name	Yr	School	Seed	Finals	Wind	H#	Points
Finals								
1	Aubryana Boldt	11	Rushford-Peterson/Houston	37-06.25	37-01.50	NWI	2	12
2	Ellie Sosa	10	Dilworth-Glyndon-Felton	36-04.75	36-10.00	-0.8	2	10
3	Kendra Heintz	9	Rush City	36-04.25	36-04.50	-0.6	2	8
4	Kendall Huhnerkoch	12	Redwood Valley	37-02.50	36-03.00	-1.0	2	6
5	Kinley Bormann	10	Ottertail Central	35-10.50	36-01.00	-1.2	2	5
6	Mikayla Scharpen	11	Zumbrota-Mazeppa	36-10.50	35-07.75	-0.5	2	4
7	Sophia Vogel	12	Central Minnesota Christian	35-09.50	35-04.25	-0.7	2	3
8	Ava Follingstad	12	Barnesville	35-02.50	34-08.75	0.7	1	2
9	Kylie Snare	11	BGMR Freeze	35-08.75	34-06.50	-0.3	2	1
10	Miley Kuechle	8	Eden Valley-Watkins/Kimball	35-07.75	34-04.50	0.5	2	
11	Addison Condon	11	Waterville-Elysian-Morristow	35-06.75	34-03.25	0.5	1	
12	Natalie Marxer	12	Browerville	35-07.00	34-02.50	-0.3	1	
13	Kendra Reed	12	Cannon Falls	35-06.25	34-02.50	1.0	1	
14	Makenna Camacho	11	Pillager	34-11.75	34-02.50	0.4	1	
15	Delaney Cunningham	12	Mounds Park Academy	35-11.50	33-09.75	-0.4	2	
16	Kamryn Davey	9	Minnesota Valley Lutheran	34-04.25	33-04.75	0.6	1	
17	Whitney Hanson	11	Esko	33-10.00	33-04.75	1.3	1	
18	Briana Berwald	10	Concordia Academy	35-00.50	33-01.50	0.8	1	
19	Shea Hennessy	10	Bigfork	33-06.00	32-11.50	1.3	1	
20	Callie Norman	11	Pine River-Backus	35-04.50	32-06.75	0.1	1	

Girls Shot Put Class A

Class Record: 46-04.75 C 6/10/2022 **Monica Johnson, Northome/Kel**
MN All Time: 54-08.50 ! 6/8/2013 **Maggie Ewen, St. Francis**
Nat'l H.S.: 57-01.25 + 2017 **Alyssa Wilson, Toms River Donocan Catho**
24 Champion: 43-09.25 6/7/2024 **Jayda Kolstoe, Minnewaska Area**

	Name	Yr	School	Seed	Finals	H#	Points
Finals							
1	Brooklyn Mitchell	11	La Crescent-Hokah	42-07.25	42-07.50	2	12
2	Jayda Kolstoe	11	Minnewaska Area	36-08.00	41-07.75	1	10

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Girls Shot Put Class A)

	Name	Yr	School	Seed	Finals	H#	Points
3	McKinley Folland	12	Kittson County Central	38-02.75	40-10.25	2	8
4	Taya Johnson	9	Luverne	41-08.00	40-09.00	2	6
5	Ashlyn Pelant	12	Waterville-Elysian-Morristow	37-08.50	40-09.00	2	5
6	Aria Garrett	11	Dilworth-Glyndon-Felton	37-06.25	38-02.75	2	4
7	Gracie Gallagher	12	Border West	38-06.50	37-11.25	2	3
8	Beverly Rentz	10	Pierz	35-03.25	36-06.25	1	2
9	Reese Kuklinski	12	Esko	37-09.50	36-02.25	2	1
10	Emma Korinek	12	Concordia Academy	37-04.75	35-04.50	2	
11	Kylie Olson	10	New Richland-H-E-G	36-06.50	35-01.00	1	
12	Abigail Hughes	7	St. Cloud Cathedral	35-02.00	34-07.75	1	
13	Francline Shearer	11	Eagle Ridge Academy	34-05.50	34-01.25	1	
14	Catherine Fank	12	BOLD/BLH	36-00.50	34-00.00	1	
15	Maya Johnson	10	Esko	35-11.50	33-11.25	1	
16	Emily Hansen	12	Lewiston-Altura	35-06.50	33-06.50	1	
17	Kaycee Endreson	12	Park Christian	38-04.75	31-02.00	2	

Girls Discus Throw Class A

Class Record:	155-01	C	2016	Jaimi Salone, Blake School
MN All Time:	171-09	!	2012	Maggie Ewen, St. Francis
Nat'l H.S.:	193-08	+	2023	Emma Sralla, Flower Mound Marcus, TX
24 Champion:	135-07		6/6/2024	Allison LaVine, Clearbrook-G

	Name	Yr	School	Seed	Finals	H#	Points
Finals							
1	Allison LaVine	12	Clearbrook-Gonvick	121-08	146-03	2	12
2	Alabama Hoonhorst	10	Heron Lake-Okabena/Fulda	125-04	129-11	2	10
3	Emily Marquis	11	West Marshall	122-03	128-04	2	8
4	Jayda Kolstoe	11	Minnewaska Area	126-00	126-01	2	6
5	Chloe Kowalczyk	11	Litchfield	129-05	123-09	2	5
6	Alexis Rathje	12	St. Croix Lutheran	116-08	122-11	1	4
7	Maya Johnson	10	Esko	123-09	122-07	2	3
8	Kaylin Visser	10	Ely	114-00	119-01	1	2
9	Ava Halvorson	12	Ogilvie	121-11	117-01	2	1
10	Lyndee Northrop	12	Pine Island	111-09	115-01	1	
11	Annie Wersal	9	G-F-W	114-11	110-07	1	
12	Payton Stangl	12	Pierz	114-10	108-04	1	
13	Emma Thein	11	MACCRAY/RCW	114-06	104-03	1	
14	Elizabeth O'Malley	11	Montevideo	119-00	103-09	1	
15	Gracie Gallagher	12	Border West	119-11	102-07	2	
16	Julianna Stacey	12	Long Prairie-Grey Eagle	115-11	99-03	1	
17	Ella Thorson	11	St. Croix Preparatory Academ	98-10	98-10	1	
18	Hannah Woodley	11	Luverne	121-01	98-06	2	
19	Emily Hansen	12	Lewiston-Altura	106-05	94-11	1	
---	Hannah Sneller	12	Luverne	120-10	FOUL	2	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Boys 100 Meter Dash Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: 10.77 C 1996 Erik Hanson, Mesabi East
MN All Time: 10.49 ! 2004 Ibrahim Kabia, Champlin Park
Nat'l H.S.: 10.13 + 2019 Matthew Boling, Houston Strake Jesuit
24 Champion: 10.87 6/7/2024 Josh Beardmore, Caledonia/Spring

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Leif Shervey	11	United Clay-Becker	10.88	10.92 Q	-2.2	3
2 Da'Mari Smith	10	Twin Cities Academy/Great Ri	11.12	11.11 Q	-1.5	1
3 Evan James	12	Mesabi East	10.95	11.19 Q	-1.9	2
4 Andrew Brown	11	Pillager	10.93	11.15 Q	-1.5	1
5 Evonson Plamann	11	St. Agnes	11.21	11.22 Q	-1.9	2
6 Grady Hockstedler	12	BGMR Freeze	11.29	11.26 Q	-2.2	3
7 Aiden Jones	12	Pierz	11.17	11.22 q	-1.9	2
8 Pierce Petersohn	11	Triton	11.24	11.23 q	-1.5	1
9 Liam West	12	LeSueur-Henderson	11.18	11.30 q	-2.2	3
10 Nolan McGowan	11	United North Central	10.91	11.30	-1.9	2
11 Julian Beckstrand	11	Barnum	11.14	11.32	-1.5	1
12 Jeric Schloegl	12	Sauk Centre	11.01	11.32	-2.2	3
13 Micah Asake	11	Central Minnesota Christian	11.25	11.43	-1.9	2
14 Gabe Miest	12	West Lutheran	11.09	11.47	-1.9	2
15 Berent (Bear) Kosbab	12	MCW/BO	11.25	11.56	-1.5	1
16 Aidan Swenhaugen	12	Tracy-Milroy-Balaton	11.30	11.57	-2.2	3
17 Judah Zinter	12	Concordia Academy	11.03	11.58	-2.2	3
18 Brayden Foust	10	Pierz	11.47	11.59	-1.9	2
19 Ezra Burros	11	Cotter/Hope	11.19	22.28	-2.2	3
--- Saye Monibah	11	Minneapolis North Community	10.93	DQ	-1.5	1

Boys 100 Meter Dash Wheelchair Class A

Class Record: 15.82 C 6/7/2024 Tyler Gunnarson, St. Charles
MN All Time: 15.82 ! 6/7/2024 Tyler Gunnarson, St. Charles
24 Champion: 15.82 6/7/2024 Tyler Gunnarson, St. Charles

Name	Yr	School	Seed	Finals	Wind	Points
Finals						
1 Tyler Gunnarson	12	St. Charles	15.56	16.32	-0.6	1
2 Terrek Jenniges	11	Lakeview	22.73	21.86	-0.6	.50
3 Robert Kendall	9	Osakis	22.51	24.23	-0.6	

Boys 100 Meter Dash Class A

Class Record: 10.77 C 1996 Erik Hanson, Mesabi East
MN All Time: 10.49 ! 2004 Ibrahim Kabia, Champlin Park
Nat'l H.S.: 10.13 + 2019 Matthew Boling, Houston Strake Jesuit
24 Champion: 10.87 6/7/2024 Josh Beardmore, Caledonia/Spring

Name	Yr	School	Prelims	Finals	Wind	Points
Finals						
1 Da'Mari Smith	10	Twin Cities Academy/Great Ri	11.11	11.01	-1.0	12
2 Leif Shervey	11	United Clay-Becker	10.92	11.05	-1.0	10
3 Evan James	12	Mesabi East	11.19	11.11	-1.0	8
4 Aiden Jones	12	Pierz	11.22	11.15	-1.0	6

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Boys 100 Meter Dash Class A)

Name	Yr	School	Prelims	Finals	Wind	Points
5 Grady Hockstedler	12	BGMR Freeze	11.26	11.23	-1.0	5
6 Pierce Petersohn	11	Triton	11.23	11.24	-1.0	4
7 Evonson Plamann	11	St. Agnes	11.22	11.25	-1.0	3
8 Andrew Brown	11	Pillager	11.15	11.25	-1.0	2
9 Liam West	12	LeSueur-Henderson	11.30	11.28	-1.0	1

Boys 200 Meter Dash Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: 21.45 C 2014 Tyler Beehler, Foley
MN All Time: 20.92 ! 2004 Jon Boyd, Mankato East
Nat'l H.S.: 20.13 + 1985 Roy Martin, Dallas Roosevelt, TX
24 Champion: 22.14 6/7/2024 Judah Zinter, Concordia Academ

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Gavin Atherton	10	Waterville-Elysian-Morristow	22.32	22.06 Q	-0.8	2
2 Evonson Plamann	11	St. Agnes	22.55	22.15 Q	-1.0	3
3 Gabe Miest	12	West Lutheran	22.31	22.38 Q	-0.5	1
4 Ben Dahlin	12	Jackson County Central	22.10	22.17 Q	-0.8	2
5 Leif Shervey	11	United Clay-Becker	22.81	22.24 Q	-1.0	3
6 Jeric Schloegl	12	Sauk Centre	22.51	22.46 Q	-0.5	1
7 Christopher Hilton	12	St. Charles	22.75	22.23 q	-0.8	2
8 Judah Zinter	12	Concordia Academy	21.82	22.36 q	-1.0	3
9 Pierce Petersohn	11	Triton	22.33	22.37 q	-1.0	3
10 Greg Kennedy	12	Lanesboro-Fillmore Central-M	22.48	22.50	-0.8	2
11 Aiden Jones	12	Pierz	22.68	22.53	-0.5	1
12 Da'Mari Smith	10	Twin Cities Academy/Great Ri	22.40	22.60	-1.0	3
13 Aidan Swenhaugen	12	Tracy-Milroy-Balaton	22.60	22.62	-0.8	2
14 Asante Adams	11	Minnewaska Area	22.54	22.73	-0.8	2
15 Avandre Brandt	11	Staples-Motley	22.51	22.74	-0.5	1
16 Lucas Proehl	11	Maple River	22.73	22.82	-0.5	1
17 Jack Gross	12	BOLD/BLH	22.91	22.90	-1.0	3
18 Evan James	12	Mesabi East	23.03	22.94	-0.5	1
19 Vincent Perucho	11	Walker-Hackensack-Akeley	23.34	23.02	-0.8	2
20 Kendall Jaenicke	12	Melrose Area	22.97	23.23	-0.8	2
21 Greyson Chance	11	Greenway/Nashwauk/Keewatir	23.20	23.44	-0.5	1
--- Saye Monibah	11	Minneapolis North Community	22.31	DQ	-0.5	1

Boys 200 Meter Dash Class A

Class Record: 21.45 C 2014 Tyler Beehler, Foley
MN All Time: 20.92 ! 2004 Jon Boyd, Mankato East
Nat'l H.S.: 20.13 + 1985 Roy Martin, Dallas Roosevelt, TX
24 Champion: 22.14 6/7/2024 Judah Zinter, Concordia Academ

Name	Yr	School	Prelims	Finals	Wind	Points
Finals						
1 Evonson Plamann	11	St. Agnes	22.15	21.96	0.4	12
2 Judah Zinter	12	Concordia Academy	22.36	22.08	0.4	10
3 Ben Dahlin	12	Jackson County Central	22.17	22.16	0.4	8
4 Pierce Petersohn	11	Triton	22.37	22.18	0.4	6
5 Gavin Atherton	10	Waterville-Elysian-Morristow	22.06	22.19	0.4	5

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Boys 200 Meter Dash Class A)

Name	Yr	School	Prelims	Finals	Wind	Points
6 Leif Shervey	11	United Clay-Becker	22.24	22.27	0.4	4
7 Jeric Schloegl	12	Sauk Centre	22.46	22.41	0.4	3
8 Gabe Miest	12	West Lutheran	22.38	22.68	0.4	2
9 Christopher Hilton	12	St. Charles	22.23	23.25	0.4	1

Boys 200 Meter Dash Wheelchair Class A

Class Record: 30.43 C 6/9/2023 Tyler Gunnarson, St. Charles

MN All Time: 30.43 ! 6/9/2023 Tyler Gunnarson, St. Charles

24 Champion: 28.99 6/7/2024 Tyler Gunnarson, St. Charles

Name	Yr	School	Seed	Finals	Wind	Points
Finals						
1 Tyler Gunnarson	12	St. Charles	29.05	28.86 C	0.3	1
2 Terrek Jenniges	11	Lakeview	45.59	40.99	0.3	.50
3 Robert Kendall	9	Osakis	44.40	41.35	0.3	

Boys 400 Meter Dash Class A

9 Advance: Top 1 Each Heat plus Next 5 Best Times

Class Record: 47.66 C 1996 Tom Gerding, Waconia

MN All Time: 47.28 ! 2024 Jack Markstrom, Mound-Westonka

Nat'l H.S.: 45.19 + 2012 Aldrich Bailey, Mansfield Timberview, TX

24 Champion: 48.78 6/7/2024 Oliver Thompson, St. Paul Academy

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Pierce Petersohn	11	Triton	48.41	48.43 Q	3
2 Zackery Bruder	12	Osakis	48.80	49.12 Q	2
3 Oliver Thompson	12	St. Paul Academy & Summit St	48.02	49.15 Q	4
4 Judah Zinter	12	Concordia Academy	49.26	49.49 Q	1
5 Gavin Atherton	10	Waterville-Elysian-Morristow	49.75	48.84 q	3
6 Fischer Wait	12	Caledonia/Spring Grove	50.72	49.20 q	2
7 Brayden Novakoski	11	Cotter/Hope	49.42	49.84 q	1
8 Langston Thompson	10	St. Paul Academy & Summit St	50.63	50.06 q	3
9 Dawson Hofer	10	Holdingford	50.36	50.12 q	4
10 Kendall Jaenicke	12	Melrose Area	51.11	50.59	2
11 Indy Judd	11	Zumbrota-Mazeppa	50.35	50.62	4
12 Gabriel Shimanski	9	Mayer Lutheran	51.36	50.98	3
13 Owen Schmeling	10	St. Croix Lutheran	50.92	51.10	2
14 Wyatt Lien	10	St. Clair/Immanuel Lutheran	50.82	51.17	1
15 Evan Schenck	11	United Clay-Becker	51.68	51.23	4
16 Micah Asake	11	Central Minnesota Christian	51.11	51.39	3
17 Grady Graham	10	LeSueur-Henderson	51.02	51.45	4
18 Anikan Larson	12	Murray County Central	51.30	51.67	1
19 Evan Ewald	10	St. Croix Preparatory Academ	50.95	51.81	3
20 Jesse Nixon	11	Agape Christi Academy	51.29	51.96	1
21 Brody Schelhaas	12	New Life Academy of Woodbu	51.50	52.17	4
22 Gavin Giese	11	Park Christian	53.76	52.24	1
23 Jack Welch	11	Pelican Rapids	51.03	52.72	4
24 Chase Clausen	12	Moose Lake/Willow River	53.00	53.23	2
25 Layne Radzak	11	Moose Lake/Willow River	52.44	54.51	3
--- Cayden Zephier	11	Pipestone Area	51.35	DNS	2

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Preliminaries ... (Boys 400 Meter Dash Class A)

Name	Yr	School	Seed	Prelims	H#
--- Larson Sather	11	St. Croix Preparatory Academ	50.91	DNS	1

Boys 400 Meter Dash Wheelchair Class A

Class Record: 58.07 C 6/7/2024 Tyler Gunnarson, St. Charles

MN All Time: 58.07 ! 6/7/2024 Tyler Gunnarson, St. Charles

24 Champion: 58.07 6/7/2024 Tyler Gunnarson, St. Charles

Name	Yr	School	Seed	Finals	Points
------	----	--------	------	--------	--------

Finals

1 Robert Kendall	9	Osakis	1:33.43	1:31.53	1
------------------	---	--------	---------	---------	---

Boys 400 Meter Dash Class A

Class Record: 47.66 C 1996 Tom Gerding, Waconia

MN All Time: 47.28 ! 2024 Jack Markstrom, Mound-Westonka

Nat'l H.S.: 45.19 + 2012 Aldrich Bailey, Mansfield Timberview, TX

24 Champion: 48.78 6/7/2024 Oliver Thompson, St. Paul Academy

Name	Yr	School	Prelims	Finals	Points
------	----	--------	---------	--------	--------

Finals

1 Oliver Thompson	12	St. Paul Academy & Summit St	49.15	47.77	12
2 Pierce Petersohn	11	Triton	48.43	48.16	10
3 Zackery Bruder	12	Osakis	49.12	48.72	8
4 Gavin Atherton	10	Waterville-Elysian-Morristow	48.84	48.86	6
5 Brayden Novakoski	11	Cotter/Hope	49.84	49.62	5
6 Judah Zinter	12	Concordia Academy	49.49	49.64	4
7 Dawson Hofer	10	Holdingford	50.12	50.12	3
8 Langston Thompson	10	St. Paul Academy & Summit St	50.06	50.13	2
9 Fischer Wait	12	Caledonia/Spring Grove	49.20	52.94	1

Boys 800 Meter Run Class A

9 Advance: Top 2 Each Heat plus Next 3 Best Times

Class Record: 1:50.72 C 1996 Jason Owens, Stewartville

MN All Time: 1:49.69 ! 2008 Zachary Mellon, Buffalo

Nat'l H.S.: 1:46.45 + 1996 Michael Granville, Bell Gardens, CA

24 Champion: 1:53.11 6/7/2024 Jayce Kiehne, Lanesboro-Fillmo

Name	Yr	School	Seed	Prelims	H#
------	----	--------	------	---------	----

Preliminaries

1 Tate Goergen	10	GMLOKS	1:56.84	1:55.54 Q	3
55.232 (55.232) 1:55.535 (1:00.303)					
2 Brady Rach	11	Bertha-Hewitt/Verndale	1:59.11	1:55.87 Q	1
58.430 (58.430) 1:55.864 (57.434)					
3 Ryan Gansler	12	Trinity/Unity	1:58.16	1:57.00 Q	2
55.115 (55.115) 1:56.995 (1:01.880)					
4 Mark Swanson	12	Northwest Nighthawks	1:57.89	1:56.64 Q	1
59.278 (59.278) 1:56.634 (57.357)					
5 Adam VanBinsbergen	10	Montevideo	2:00.07	1:57.39 Q	3
56.832 (56.832) 1:57.381 (1:00.549)					
6 Eli Andre	11	Nova Classical Academy	1:57.67	1:58.45 Q	2
58.618 (58.618) 1:58.445 (59.828)					
7 Micah Gregory	12	Trinity/Unity	1:58.02	1:57.17 q	1
58.662 (58.662) 1:57.165 (58.503)					
8 Seth Konik	12	Pine Island	1:59.66	1:57.58 q	1
59.544 (59.544) 1:57.572 (58.028)					

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Preliminaries ... (Boys 800 Meter Run Class A)

Name	Yr	School	Seed	Prelims	H#
9 Connor Feldt 57.123 (57.123) 1:58.270 (1:01.147)	12	Mesabi East	2:02.62	1:58.27 q	3
10 Jacob Pfothenhauer 58.345 (58.345) 1:59.039 (1:00.694)	12	West Lutheran	1:59.01	1:59.04	2
11 Ethan Schroeder 58.594 (58.594) 1:59.105 (1:00.512)	12	Mt. Lake Area - Comfrey	2:02.29	1:59.11	2
12 Kaden Gartner 56.184 (56.184) 1:59.630 (1:03.446)	11	Park Rapids Area	2:02.34	1:59.63	3
13 Colton Connell 58.836 (58.836) 1:59.694 (1:00.858)	12	Northome/Kelliher/Blackduck	2:00.73	1:59.70	2
14 Carter Gross 57.476 (57.476) 2:00.771 (1:03.295)	12	Holdingford	1:58.66	2:00.78	3
15 AJ Westin 59.712 (59.712) 2:01.314 (1:01.602)	12	Crosby-Ironton	2:02.11	2:01.32	1
16 Weston Clementson 56.784 (56.784) 2:01.664 (1:04.880)	11	Pine City	1:58.55	2:01.67	3
17 Jonah Uilk 58.405 (58.405) 2:02.237 (1:03.833)	11	SW MN Christian / Edgerton	1:59.94	2:02.24	2
18 Charlie Gengler 59.784 (59.784) 2:03.112 (1:03.328)	11	LCWM-Nicollet	2:01.93	2:03.12	1
19 Grant Nelson 58.663 (58.663) 2:08.093 (1:09.431)	11	Wadena-Deer Creek	2:00.42	2:08.10	3

Boys 800 Meter Run Wheelchair Class A

Class Record: 2:01.58 C 2021 Peyton Gunnarson, Lewiston-Altura
MN All Time: 1:55.85 ! 2012 Mark Braun, Irondale

Name	Yr	School	Seed	Finals	Points
Finals					
1 Tyler Gunnarson 1:03.208 (1:03.208) 2:01.064 (57.856)	12	St. Charles	2:02.99	2:01.07 C	1

Boys 800 Meter Run Class A

Class Record: 1:50.72 C 1996 Jason Owens, Stewartville
MN All Time: 1:49.69 ! 2008 Zachary Mellon, Buffalo
Nat'l H.S.: 1:46.45 + 1996 Michael Granville, Bell Gardens, CA
24 Champion: 1:53.11 6/7/2024 Jayce Kiehne, Lanesboro-Fillmo

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Tate Goergen 58.494 (58.494) 1:55.633 (57.139)	10	GMLOKS	1:55.54	1:55.64	12
2 Micah Gregory 59.090 (59.090) 1:57.823 (58.734)	12	Trinity/Unity	1:57.17	1:57.83	10
3 Eli Andre 59.937 (59.937) 1:58.017 (58.080)	11	Nova Classical Academy	1:58.45	1:58.02	8
4 Mark Swanson 1:00.460 (1:00.460) 1:58.030 (57.570)	12	Northwest Nighthawks	1:56.64	1:58.03	6
5 Adam VanBinsbergen 59.304 (59.304) 1:58.131 (58.827)	10	Montevideo	1:57.39	1:58.14	5
6 Seth Konik 1:00.684 (1:00.684) 1:59.021 (58.337)	12	Pine Island	1:57.58	1:59.03	4
7 Ryan Gansler 58.839 (58.839) 2:00.101 (1:01.262)	12	Trinity/Unity	1:57.00	2:00.11	3

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Boys 800 Meter Run Class A)

Name	Yr	School	Prelims	Finals	Points
8 Brady Rach 1:00.269 (1:00.269) 2:04.587 (1:04.318)	11	Bertha-Hewitt/Verndale	1:55.87	2:04.59	2
9 Connor Feldt 1:01.723 (1:01.723) 2:05.756 (1:04.034)	12	Mesabi East	1:58.27	2:05.76	1

Boys 1600 Meter Run Class A

Class Record: 4:12.02 C 2015 Shane Streich, Waseca
MN All Time: 4:06.54 ! 6/6/2015 Joe Klecker, Hopkins
Nat'l H.S.: 3:57.08 + 2024 Drew Griffith, Bulter, PA
24 Champion: 4:19.91 6/7/2024 William Ahrens, Redwood Valley

Name	Yr	School	Seed	Finals	Points
Finals					
1 William Ahrens 1:06.180 (1:06.180) 2:13.763 (1:07.584) 3:19.950 (1:06.187) 4:19.580 (59.630)	12	Redwood Valley	4:18.37	4:19.58	12
2 Brady Rach 1:05.855 (1:05.855) 2:13.360 (1:07.505) 3:18.201 (1:04.842) 4:19.736 (1:01.536)	11	Bertha-Hewitt/Verndale	4:22.50	4:19.74	10
3 Erik Semling 1:05.040 (1:05.040) 2:11.914 (1:06.874) 3:19.062 (1:07.149) 4:20.297 (1:01.235)	9	Cotter/Hope	4:22.51	4:20.30	8
4 Owen Janiszeski 1:03.768 (1:03.768) 2:09.559 (1:05.791) 3:17.752 (1:08.194) 4:25.822 (1:08.070)	12	Luverne	4:22.86	4:25.83	6
5 Logan Wiehoff 1:06.177 (1:06.177) 2:13.976 (1:07.799) 3:21.758 (1:07.783) 4:25.920 (1:04.162)	10	Sauk Centre	4:23.09	4:25.92	5
6 Owen Winter 1:05.638 (1:05.638) 2:13.863 (1:08.225) 3:23.320 (1:09.458) 4:27.962 (1:04.642)	11	Dilworth-Glyndon-Felton	4:31.82	4:27.97	4
7 Eddie Snider 1:06.624 (1:06.624) 2:16.097 (1:09.474) 3:23.340 (1:07.244) 4:29.504 (1:06.164)	12	Mounds Park Academy	4:34.09	4:29.51	3
8 Jett Nuest 1:06.419 (1:06.419) 2:13.024 (1:06.605) 3:21.976 (1:08.952) 4:29.563 (1:07.587)	9	Hancock	4:27.99	4:29.57	2
9 Henry Lemke 1:06.606 (1:06.606) 2:14.914 (1:08.309) 3:23.855 (1:08.941) 4:30.912 (1:07.057)	12	Eden Valley-Watkins/Kimball	4:28.65	4:30.92	1
10 Cadyn Vanderwal 1:05.888 (1:05.888) 2:11.589 (1:05.701) 3:22.240 (1:10.652) 4:31.432 (1:09.192)	11	Ortonville	4:28.04	4:31.44	
11 Matthew Stapek 1:05.131 (1:05.131) 2:13.614 (1:08.483) 3:23.744 (1:10.131) 4:34.446 (1:10.702)	11	Heron Lake-Okabena/Fulda	4:36.88	4:34.45	
12 Liam Caldwell 2:15.822 (2:15.822) 3:26.518 (1:10.697) 4:36.574 (1:10.056)	11	Math & Science Academy	4:35.19	4:36.58	
13 Matthew Groebner 1:06.760 (1:06.760) 2:15.096 (1:08.336) 3:25.124 (1:10.029) 4:37.362 (1:12.238)	12	River Valley	4:36.87	4:37.37	
14 Isaac Rasmussen 1:06.896 (1:06.896) 2:16.818 (1:09.922) 3:29.627 (1:12.810) 4:37.485 (1:07.858)	11	Rushford-Peterson/Houston	4:29.46	4:37.49	
15 Grant Martin 1:06.782 (1:06.782) 2:16.012 (1:09.231) 3:27.640 (1:11.629) 4:38.889 (1:11.249)	10	Climax-Fisher-Sacred Heart	4:35.23	4:38.89	
16 Wyatt Betsinger 1:07.496 (1:07.496) 2:17.446 (1:09.951) 3:29.062 (1:11.616) 4:38.910 (1:09.848)	10	Pierz	4:30.98	4:38.91	
17 Logan Hartman 1:08.158 (1:08.158) 2:20.331 (1:12.174) 3:35.372 (1:15.042) 4:46.607 (1:11.235)	8	Stella Maris Academy	4:46.28	4:46.61	
18 Aiden Cernohous 1:10.476 (1:10.476) 2:25.274 (1:14.798) 3:43.200 (1:17.927) 4:57.131 (1:13.931)	7	Stella Maris Academy	4:50.17	4:57.14	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Boys 3200 Meter Run Class A

Class Record: 8:59.19 C 2006 Mike Torchia, Rochester Lourdes
MN All Time: 8:51.44 ! 6/8/2023 Noah Breker, Robbinsdale Armstrong
Nat'l H.S.: 8:34.10 + 2023 Sieon Birnbaum, Rapid City Stevens , SD
24 Champion: 9:31.95 6/6/2024 Eddie Snider, Mounds Park

	Name	Yr	School	Seed	Finals	Points
Finals						
1	Erik Semling	9	Cotter/Hope	9:10.81	9:25.68	12
	1:11.549 (1:11.549) 2:22.079 (1:10.530) 3:32.658 (1:10.579) 4:45.997 (1:13.340) 6:00.279 (1:14.282) 7:14.112 (1:13.834) 8:21.578 (1:07.466) 9:25.674 (1:04.096)					
2	Kilen Cilek	12	Redwood Valley	9:48.79	9:34.25	10
	1:10.399 (1:10.399) 2:20.448 (1:10.049) 3:32.379 (1:11.931) 4:45.720 (1:13.342) 6:00.033 (1:14.313) 7:13.865 (1:13.832) 8:25.587 (1:11.723) 9:34.242 (1:08.655)					
3	Eddie Snider	12	Mounds Park Academy	9:40.06	9:41.22	8
	1:10.929 (1:10.929) 2:24.794 (1:13.866) 3:37.370 (1:12.576) 4:51.959 (1:14.590) 6:06.064 (1:14.105) 7:21.877 (1:15.813) 8:34.882 (1:13.006) 9:41.214 (1:06.332)					
4	Henry Lemke	12	Eden Valley-Watkins/Kimball	9:50.36	9:41.26	6
	1:11.814 (1:11.814) 2:25.422 (1:13.608) 3:38.849 (1:13.428) 4:53.075 (1:14.227) 6:07.320 (1:14.245) 7:22.019 (1:14.699) 8:35.236 (1:13.217) 9:41.259 (1:06.023)					
5	Soren Kelly	11	Mankato Loyola/Cleveland	10:00.40	9:42.62	5
	1:10.033 (1:10.033) 2:23.526 (1:13.493) 3:37.648 (1:14.122) 4:52.247 (1:14.599) 6:06.611 (1:14.364) 7:22.168 (1:15.558) 8:35.490 (1:13.322) 9:42.619 (1:07.130)					
6	Ryan Littlefield	10	Cotter/Hope	9:44.64	9:44.29	4
	1:12.375 (1:12.375) 2:25.355 (1:12.980) 3:38.169 (1:12.814) 4:52.124 (1:13.956) 6:06.355 (1:14.231) 7:21.607 (1:15.253) 8:35.918 (1:14.311) 9:44.290 (1:08.372)					
7	Kellen Groth	11	Cotter/Hope	9:43.45	9:44.67	3
	1:12.030 (1:12.030) 2:25.019 (1:12.990) 3:37.867 (1:12.848) 4:52.481 (1:14.614) 6:06.870 (1:14.389) 7:22.388 (1:15.519) 8:36.193 (1:13.805) 9:44.670 (1:08.477)					
8	Owen Winter	11	Dilworth-Glyndon-Felton	10:17.16	9:46.04	2
	1:11.730 (1:11.730) 2:25.658 (1:13.929) 3:38.626 (1:12.968) 4:52.706 (1:14.081) 6:07.554 (1:14.848) 7:22.667 (1:15.114) 8:36.581 (1:13.915) 9:46.038 (1:09.457)					
9	Ephraim Bervig	12	Park Rapids Area	10:08.24	9:52.10	1
	1:12.105 (1:12.105) 2:25.478 (1:13.374) 3:38.726 (1:13.248) 4:52.931 (1:14.206) 6:07.646 (1:14.716) 7:23.130 (1:15.484) 8:38.681 (1:15.551) 9:52.092 (1:13.411)					
10	Garrett Guida	11	Mcgregor	9:57.24	9:56.55	
	1:12.810 (1:12.810) 2:25.981 (1:13.171) 3:38.441 (1:12.460) 4:53.386 (1:14.946) 6:08.217 (1:14.831) 7:24.255 (1:16.039) 8:41.034 (1:16.779) 9:56.544 (1:15.511)					
11	Peter Andersen	11	Trinity/Unity	9:40.09	9:58.52	
	1:12.508 (1:12.508) 2:25.711 (1:13.203) 3:39.110 (1:13.400) 4:52.730 (1:13.621) 6:07.167 (1:14.437) 7:22.977 (1:15.810) 8:40.440 (1:17.463) 9:58.519 (1:18.080)					
12	Marcus Papik	10	Luverne	10:02.59	10:08.93	
	1:12.543 (1:12.543) 2:26.202 (1:13.659) 3:38.992 (1:12.790) 4:53.701 (1:14.709) 6:10.014 (1:16.314) 7:30.452 (1:20.438) 8:51.952 (1:21.501) 10:08.930 (1:16.978)					
13	Taylor Nelson	12	Belgrade-Brooten-Elrosa	10:01.10	10:11.43	
	1:13.417 (1:13.417) 2:28.141 (1:14.724) 3:42.363 (1:14.223) 4:59.155 (1:16.792) 6:17.898 (1:18.743) 7:38.171 (1:20.273) 8:59.294 (1:21.124) 10:11.425 (1:12.131)					
14	Josiah DeMaris	12	St. James-Madelia	10:14.90	10:11.66	
	1:11.257 (1:11.257) 2:25.057 (1:13.800) 3:38.678 (1:13.622) 4:54.445 (1:15.767) 6:12.932 (1:18.488) 7:34.071 (1:21.139) 8:56.397 (1:22.326) 10:11.657 (1:15.261)					
15	Ian Mills	12	Minnewaska Area	10:18.15	10:15.71	
	1:13.440 (1:13.440) 2:27.985 (1:14.546) 3:42.541 (1:14.556) 4:59.177 (1:16.636) 6:18.160 (1:18.984) 7:38.228 (1:20.068) 8:59.326 (1:21.098) 10:15.703 (1:16.378)					
16	Peter Newark	11	Ottertail Central	10:12.27	10:22.75	
	1:13.034 (1:13.034) 2:27.939 (1:14.905) 3:43.638 (1:15.700) 5:02.212 (1:18.574) 6:22.328 (1:20.117) 7:44.961 (1:22.634) 9:08.458 (1:23.497) 10:22.744 (1:14.286)					

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Boys 3200 Meter Run Class A)

Name	Yr	School	Seed	Finals	Points
17 Tyler Morse	12	South Ridge	10:16.48	10:24.61	
1:13.684 (1:13.684) 2:28.375 (1:14.692) 3:43.913 (1:15.538) 5:02.518 (1:18.606)					
6:22.569 (1:20.051) 7:45.226 (1:22.658) 9:08.978 (1:23.752) 10:24.609 (1:15.632)					

Boys 110 Meter Hurdles Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: 13.92 C 2015 Jon Tollefson, St. Croix Lutheran
MN All Time: 13.88 ! 2012 Rilwan (RJ) Alowonle, Park, Cottage Grove
Nat'l H.S.: 13.30 + 1990 Chris Nelloms, Dayton Dunbar, OH
24 Champion: 14.77 6/7/2024 Hayden Brown, Howard Lake-

Name	Yr	School	Seed	Prelims	Wind	H#
Preliminaries						
1 Logan Swanson	12	Concordia Academy	15.15	14.62 Q	-2.6	1
2 Brant Blosser	12	United South Central	14.62	14.99 Q	-2.9	2
3 Christopher Hilton	12	St. Charles	14.80	14.63 Q	-2.6	1
4 Spencer Strohm	12	Barnum	15.03	15.02 Q	-2.9	2
5 Gavin Sales	11	Holdingford	14.99	15.24 q	-2.6	1
6 Clay Malchow	12	Jackson County Central	15.15	15.25 q	-2.6	1
7 Kade Swenson	12	Dilworth-Glyndon-Felton	16.24	15.25 q	-2.9	2
8 Grayson Gibson	11	Morris Area/Chokio-Alberta	15.22	15.43 q	-2.9	2
9 Noah Larson	11	Staples-Motley	15.62	15.57 q	-2.9	2
10 Owen Meulebroeck	12	Minnewaska Area	15.84	15.60	-2.9	2
11 Charles Davidson	12	St. Charles	15.60	15.63	-2.6	1
12 Cade Swenhausen	12	Tracy-Milroy-Balaton	15.68	15.65	-2.6	1
13 Hayden Hauf	12	Dilworth-Glyndon-Felton	15.60	15.72	-2.9	2
14 Jacob Arnold	12	PACT/Legacy	15.41	15.75	-2.6	1
15 Ben Schmitz	10	Esko	15.38	16.17	-2.9	2
16 Jaxon Knott	11	Howard Lake-Waverly-Winstec	15.67	16.19	-2.6	1
--- Wyatt Genelin	12	LeSueur-Henderson	15.00	DQ	-2.9	2

Boys 110 Meter Hurdles Class A

Class Record: 13.92 C 2015 Jon Tollefson, St. Croix Lutheran
MN All Time: 13.88 ! 2012 Rilwan (RJ) Alowonle, Park, Cottage Grove
Nat'l H.S.: 13.30 + 1990 Chris Nelloms, Dayton Dunbar, OH
24 Champion: 14.77 6/7/2024 Hayden Brown, Howard Lake-

Name	Yr	School	Prelims	Finals	Wind	Points
Finals						
1 Christopher Hilton	12	St. Charles	14.63	14.53	-2.4	12
2 Logan Swanson	12	Concordia Academy	14.62	14.68	-2.4	10
3 Grayson Gibson	11	Morris Area/Chokio-Alberta	15.43	14.70	-2.4	8
4 Brant Blosser	12	United South Central	14.99	14.72	-2.4	6
5 Spencer Strohm	12	Barnum	15.02	15.10	-2.4	5
6 Gavin Sales	11	Holdingford	15.24	15.20	-2.4	4
7 Kade Swenson	12	Dilworth-Glyndon-Felton	15.25	15.34	-2.4	3
8 Clay Malchow	12	Jackson County Central	15.25	15.39	-2.4	2
9 Noah Larson	11	Staples-Motley	15.57	15.63	-2.4	1

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Boys 300 Meter Hurdles Class A**9 Advance: Top 2 Each Heat plus Next 5 Best Times**

Class Record: 37.39 C 1999 Mitch Potter, St. Michael-Albertville
MN All Time: 36.59 ! 2012 Rilwan (RJ) Alowonle, Park, Cottage Grove
Nat'l H.S.: 34.83 + 2024 Vance Nilsson, Gilbert, AZ
24 Champion: 39.86 6/7/2024 Owen Meulebroeck, Minnewaska Area

Name	Yr	School	Seed	Prelims	H#
Preliminaries					
1 Andrew Jones	11	Osakis	37.62	37.86 Q	2
2 Aiden Checco de Souza	9	Pelican Rapids	40.52	39.62 Q	1
3 Owen Meulebroeck	12	Minnewaska Area	40.46	39.56 Q	2
4 Christopher Hilton	12	St. Charles	39.68	39.64 Q	1
5 Silas Van Essen	11	SW MN Christian / Edgerton	40.19	39.97 q	2
6 Chase Kijenski	12	Mankato Loyola/Cleveland	40.73	40.04 q	2
7 Zach Reiland	12	GMLOKS	40.02	40.46 q	1
8 Nathan Bitz	11	Long Prairie-Grey Eagle	40.71	40.59 q	2
9 Kade Swenson	12	Dilworth-Glyndon-Felton	42.29	40.67 q	2
10 Jacob Stella	12	Trinity/Unity	41.27	40.89	1
11 Tommy DeChantal	11	Two Harbors	41.14	41.00	1
12 Spencer Strohm	12	Barnum	41.69	41.00	2
13 Grant Krattenmaker	10	Holdingford	41.97	41.10	1
14 Corbin Schiller	11	Park Rapids Area	42.50	42.21	1
15 Kaleb Poser	10	Pierz	42.32	42.29	2
16 Gideon Paulsen	10	St. Croix Lutheran	41.31	42.63	2
17 Clay Malchow	12	Jackson County Central	40.50	44.55	1
18 Jace Meierding	11	Hancock	42.22	45.07	1

Boys 300 Meter Hurdles Class A

Class Record: 37.39 C 1999 Mitch Potter, St. Michael-Albertville
MN All Time: 36.59 ! 2012 Rilwan (RJ) Alowonle, Park, Cottage Grove
Nat'l H.S.: 34.83 + 2024 Vance Nilsson, Gilbert, AZ
24 Champion: 39.86 6/7/2024 Owen Meulebroeck, Minnewaska Area

Name	Yr	School	Prelims	Finals	Points
Finals					
1 Andrew Jones	11	Osakis	37.86	37.39 C	12
2 Owen Meulebroeck	12	Minnewaska Area	39.56	39.04	10
3 Chase Kijenski	12	Mankato Loyola/Cleveland	40.04	39.48	8
4 Aiden Checco de Souza	9	Pelican Rapids	39.62	39.83	6
5 Nathan Bitz	11	Long Prairie-Grey Eagle	40.59	40.26	5
6 Silas Van Essen	11	SW MN Christian / Edgerton	39.97	40.60	4
7 Kade Swenson	12	Dilworth-Glyndon-Felton	40.67	40.88	3
8 Zach Reiland	12	GMLOKS	40.46	41.16	2
9 Christopher Hilton	12	St. Charles	39.64	48.19	1

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Boys 4x100 Meter Relay Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times**

Class Record: 42.57 C 6/10/2022 Minneapolis North Community, MPLS North Commu
 Z Black, K Clay, J Baker, J Hill

MN All Time: 41.28 ! 6/8/2023 Minnetonka, Minnetonka
 L Poey, T Williams, C Guion, W Hairston

Nat'l H.S.: 38.92 + 2024 Humble Atascocita, TX

24 Champion: 42.75 6/7/2024 Caledonia/Spring Grove, Caledonia/Spring
 Staggemeyer, Curley, Staggemeyer, Beardmore

Team	Relay	Seed	Prelims	H#
Preliminaries				
1 Pierz		43.91	43.15 Q	3
1) Brayden Foust 10	2) Paul Nieman 10	3) Kyle Stangl 12	4) Aiden Jones 12	
2 Minnewaska Area		43.54	43.19 Q	1
1) Tristan O'Neil 11	2) Kaiden Harvey 12	3) Carter Meyer 12	4) Asante Adams 11	
3 Sauk Centre		43.22	43.31 Q	2
1) Jeric Schloegl 12	2) Adam Neubert 12	3) David Gilmore 11	4) Alex Helgeson 10	
4 Redwood Valley		44.07	43.34 Q	1
1) Duran Kramer 11	2) Ryder Crawford 12	3) Tucker Amberg 12	4) Lucas Fuhr 10	
5 Pine Island		43.22	43.52 Q	3
1) Abe Ferber 12	2) Owen Harstad 11	3) Cooper Rutten 10	4) Peyton Loftus 10	
6 Janesville Waldorf Pemberton		44.70	43.74 Q	2
1) Isaac Gahlon 12	2) Isaiah Berndt 12	3) Daulton Bauer 11	4) Ethan Born 12	
7 Maple River		43.71	43.51 q	1
1) Zachary Trio 11	2) Lucas Proehl 11	3) Anthony Orduna 10	4) Amarus Harris 12	
8 Lanesboro-Fillmore Central-M		44.16	44.03 q	1
1) Weston Collins 12	2) Adrian Rindels 9	3) Davis Penhollow 11	4) Greg Kennedy 12	
9 Benson/KMS		43.75	44.04 q	2
1) Eshon Freeman 12	2) Connor Oehlberg 11	3) Conner Stine 9	4) Jaden McCarter 12	
10 Hills-Beaver Creek		44.42	44.04	2
1) Bode Kruger 11	2) Brodie Metzger 9	3) Blake Leenderts 12	4) Micah Bush 11	
11 Pillager		43.94	44.06	2
1) Dawson Weinhandl 12	2) Dru Hutchison 12	3) Tyson Decker 11	4) Andrew Brown 11	
12 Liberty Classical Academy		44.32	44.08	3
1) Ben Montag 12	2) Colin Anderson 12	3) William Gilbert 10	4) Everett Gilbert 12	
13 Park Rapids Area		44.95	44.09	2
1) Jaydon Walen 11	2) Jarrett Galzki 12	3) Thomas Hartung 12	4) Corbin Schiller 11	
14 Mesabi East		44.30	44.12	2
1) Ethan Jacobson 12	2) Sean Moehlenbrock 11	3) Kasen Hill 11	4) Evan James 12	
15 Eden Valley-Watkins/Kimball		44.76	44.42	3
1) Owen Mortenson 12	2) Kole Knaus 9	3) Brody Hooper 11	4) William Ballard 12	
16 St. Croix Lutheran		44.60	44.44	1
1) Zach Schaefer 9	2) Luke Newgard 12	3) Evan Frey 10	4) Nelson Weekes 11	
17 Crosby-Ironton		44.88	44.66	3
1) Evan Rydberg 12	2) Michael Anderson 12	3) Braylon Kannel 8	4) Jeremy Henson 11	
18 St. Charles		44.55	44.76	1
1) Saevian Hong 11	2) Josh Krohse 12	3) Jackson Vermilya 10	4) Ryan Kreidermacher 11	
19 Walker-Hackensack-Akeley		44.98	45.19	1
1) Karch Fraizer 11	2) Ethan Whitaker 10	3) Hayden Rettke 11	4) Vincent Perucho 11	
--- Cotter/Hope		43.91	DQ	3
1) Logan Hicks 9	2) John Gibson 11	3) Isaac Meinke 11	4) Ezra Burros 11	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Preliminaries ... (Boys 4x100 Meter Relay Class A)

Team	Relay	Seed	Prelims	H#
--- Minneapolis North Community		44.31	DQ	3
1) Anthony Deline 11	2) Daniel Branch 11	3) Allen Hill 12	4) Saye Monibah 11	

Boys 4x100 Meter Relay Class A

Class Record:	42.57	C	6/10/2022	Minneapolis North Community, MPLS North Commu
				Z Black, K Clay, J Baker, J Hill
MN All Time:	41.28	!	6/8/2023	Minnetonka, Minnetonka
				L Poey, T Williams, C Guion, W Hairston
Nat'l H.S.:	38.92	+	2024	Humble Atascocita, TX
24 Champion:	42.75		6/7/2024	Caledonia/Spring Grove, Caledonia/Spring
				Staggemeyer, Curley, Staggemeyer, Beardmore

Team	Relay	Prelims	Finals	Points
Finals				
1 Redwood Valley		43.34	42.85	12
1) Duran Kramer 11	2) Ryder Crawford 12	3) Tucker Amberg 12	4) Lucas Fuhr 10	
2 Pierz		43.15	43.04	10
1) Brayden Foust 10	2) Paul Nieman 10	3) Kyle Stangl 12	4) Aiden Jones 12	
3 Minnewaska Area		43.19	43.30	8
1) Tristan O'Neil 11	2) Kaiden Harvey 12	3) Carter Meyer 12	4) Asante Adams 11	
4 Sauk Centre		43.31	43.39	6
1) Jeric Schloegl 12	2) Adam Neubert 12	3) David Gilmore 11	4) Alex Helgeson 10	
5 Pine Island		43.52	43.50	5
1) Abe Ferber 12	2) Owen Harstad 11	3) Cooper Rutten 10	4) Peyton Loftus 10	
6 Maple River		43.51	43.51	4
1) Zachary Trio 11	2) Lucas Proehl 11	3) Anthony Orduna 10	4) Amarus Harris 12	
7 Benson/KMS		44.04	43.81	3
1) Eshon Freeman 12	2) Conner Stine 9	3) Darin Hippe 10	4) Jaden McCarter 12	
8 Janesville Waldorf Pemberton		43.74	43.94	2
1) Isaac Gahlon 12	2) Isaiah Berndt 12	3) Daulton Bauer 11	4) Ethan Born 12	
9 Lanesboro-Fillmore Central-N		44.03	44.26	1
1) Weston Collins 12	2) Adrian Rindels 9	3) Davis Penhollow 11	4) Greg Kennedy 12	

Boys 4x200 Meter Relay Class A

9 Advance: Top 2 Each Heat plus Next 3 Best Times	
Class Record:	1:28.93 C 2004
	Hermantown, Hermantown
	D Jago, M Sumbs, N Holt, K Schmidt
MN All Time:	1:25.58 ! 6/8/2019
	Hopkins, Hopkins
	J Champion, W Lubarski, S Leervig, J Fahnbulleh
Nat'l H.S.:	1:23.25 + 2018
	Conroe The Woodlands, Conroe The Woodlands
24 Champion:	1:29.28 6/7/2024
	Caledonia/Spring Grove, Caledonia/Spring
	E Staggemeyer, O Staggemeyer, G Curley, F Wait

Team	Relay	Seed	Prelims	H#
Preliminaries				
1 Osakis		1:29.10 C	1:28.42 Q	3
1) Andrew Jones 11	2) Trenton VanNyhuis 11	3) Tyler Wolbeck 10	4) Zackery Bruder 12	
2 Redwood Valley		1:29.60	1:29.75 Q	2
1) Lucas Fuhr 10	2) Ryder Crawford 12	3) Duran Kramer 11	4) Tucker Amberg 12	
3 Cotter/Hope		1:31.61	1:29.83 Q	1
1) Isaac Meinke 11	2) John Gibson 11	3) Logan Hicks 9	4) Brayden Novakoski 11	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Preliminaries ... (Boys 4x200 Meter Relay Class A)

Team	Relay	Seed	Prelims	H#
4 Maple River		1:30.58	1:29.91 Q	1
1) Zachary Trio 11	2) Amarus Harris 12	3) Anthony Orduna 10	4) Lucas Proehl 11	
5 St. Croix Lutheran		1:31.44	1:30.20 Q	3
1) Owen Schmeling 10	2) Thomas Herman 11	3) Luke Newgard 12	4) Nelson Weekes 11	
6 United Clay-Becker		1:32.37	1:30.68 Q	2
1) Jack Ames 12	2) Evan Schenck 11	3) Zach Libak 12	4) Leif Shervey 11	
7 Pine Island		1:31.65	1:30.08 q	1
1) Abe Ferber 12	2) Aspen Gorman 11	3) Owen Harstad 11	4) Peyton Loftus 10	
8 Jackson County Central		1:31.20	1:30.37 q	1
1) Clay Malchow 12	2) Isaac Hesebeck 11	3) Quinn Landherr 12	4) Ben Dahlin 12	
9 Sauk Centre		1:31.38	1:30.73 q	3
1) Alex Helgeson 10	2) Matthew Zenzen 11	3) Adam Neubert 12	4) David Gilmore 11	
10 Holdingford		1:31.28	1:31.03	2
1) Garrett Frink 12	2) Jax Buersken 9	3) Brandon Hall 12	4) Dawson Hofer 10	
11 Mora		1:33.03	1:31.34	3
1) Jude Houghlum 9	2) Cole Schwarzbauer 12	3) Brayden Brambach 12	4) Youenn Laine 11	
12 Moose Lake/Willow River		1:32.30	1:31.34	2
1) Micah Thompson 11	2) Chase Clausen 12	3) Olavi Leino 12	4) Layne Radzak 11	
13 St. Croix Preparatory Academ		1:31.54	1:31.38	2
1) Nathan Ranum 10	2) Evan Ewald 10	3) Nicholas Fodor 12	4) Larson Sather 11	
14 Cromwell-Wright		1:32.80	1:31.43	1
1) Braham Jordan 9	2) Porter Aho 10	3) Drew Nyberg 10	4) Dylan Nyberg 12	
15 Pillager		1:31.86	1:32.12	2
1) Dawson Weinhandl 12	2) Dru Hutchison 12	3) Tyson Decker 11	4) Andrew Brown 11	
16 St. Charles		1:32.31	1:32.67	1
1) Saevian Hong 11	2) Pedro Rojas 11	3) Jackson Vermilya 10	4) Ryan Kreidermacher 11	
17 Two Harbors		1:32.07	1:32.68	3
1) Joshua Maxwell 11	2) Elijah Smith 12	3) Carter Nelson 11	4) Tommy DeChantal 11	
18 Walker-Hackensack-Akeley		1:32.95	1:32.72	3
1) Karch Fraizer 11	2) John Henning 11	3) Hayden Rettke 11	4) Vincent Perucho 11	
19 Trinity/Unity		1:32.25	1:32.76	3
1) Josh Bormann 12	2) Lucas Wolney 12	3) Luca Aglieco 12	4) Jacob Stella 12	
20 Hills-Beaver Creek		1:32.32	1:32.79	1
1) Bode Kruger 11	2) Brodie Metzger 9	3) Blake Leenderts 12	4) Micah Bush 11	
21 Frazee		1:32.76	1:32.89	1
1) Tyden Schaefer 11	2) Carter Sonnenberg 12	3) William Stroborg 10	4) Ayden Grossman 10	
22 Eagle Ridge Academy		1:32.60	1:34.42	3
1) Liam Liston 10	2) Greg Hovey 11	3) Birkir Goodmundson 11	4) Brennen Bawek 11	
23 Luverne		1:32.69	1:34.99	2
1) Lucky Dara 12	2) Ashton Hood 12	3) Connor Bose 11	4) Jaydon Johnson 11	
--- Benson/KMS		1:32.94	DNF	2
1) Eshon Freeman 12	2) Darin Hippe 10	3) Jaden McCarter 12	4) Connor Oehlberg 11	
--- Minneapolis North Communit		1:32.57	DQ	3
1) Daniel Branch 11	2) Allen Hill 12	3) Saye Monibah 11	4) X'Zavyr Christian 10	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Boys 4x200 Meter Relay Class A**Class Record: 1:28.93 C 2004****Hermantown, Hermantown****MN All Time: 1:25.58 ! 6/8/2019****D Jago, M Sumbs, N Holt, K Schmidt****Nat'l H.S.: 1:23.25 + 2018****Hopkins, Hopkins****24 Champion: 1:29.28 6/7/2024****J Champion, W Lubarski, S Leervig, J Fahnbulleh****Conroe The Woodlands, Conroe The Woodlands****Caledonia/Spring Grove, Caledonia/Spring****E Staggemeyer, O Staggemeyer, G Curley, F Wait**

Team	Relay	Prelims	Finals	Points
Finals				
1 Osakis		1:28.42	1:28.42 C	12
1) Andrew Jones 11	2) Trenton VanNyhuis 11	3) Tyler Wolbeck 10	4) Zackery Bruder 12	
2 Redwood Valley		1:29.75	1:28.45 C	10
1) Lucas Fuhr 10	2) Ryder Crawford 12	3) Duran Kramer 11	4) Tucker Amberg 12	
3 Maple River		1:29.91	1:29.90	8
1) Zachary Trio 11	2) Amarus Harris 12	3) Anthony Orduna 10	4) Lucas Proehl 11	
4 Cotter/Hope		1:29.83	1:30.13	6
1) Isaac Meinke 11	2) John Gibson 11	3) Logan Hicks 9	4) Brayden Novakoski 11	
5 St. Croix Lutheran		1:30.20	1:30.46	5
1) Owen Schmeling 10	2) Thomas Herman 11	3) Luke Newgard 12	4) Nelson Weekes 11	
6 United Clay-Becker		1:30.68	1:31.01	4
1) Jack Ames 12	2) Evan Schenck 11	3) Zach Libak 12	4) Leif Shervey 11	
7 Jackson County Central		1:30.37	1:31.43	3
1) Clay Malchow 12	2) Isaac Hesebeck 11	3) Quinn Landherr 12	4) Ben Dahlin 12	
8 Sauk Centre		1:30.73	1:31.60	2
1) Alex Helgeson 10	2) Matthew Zenzen 11	3) Adam Neubert 12	4) David Gilmore 11	
--- Pine Island		1:30.08	DQ	
1) Abe Ferber 12	2) Aspen Gorman 11	3) Owen Harstad 11	4) Peyton Loftus 10	

Boys 4x400 Meter Relay Class A**9 Advance: Top 2 Each Heat plus Next 3 Best Times****Class Record: 3:20.64 C 1999****St. Michael-Albertville, St. Michael-Albertville****MN All Time: 3:16.69 ! 2011****Beaudry, Glaeser, Robeck, Potter****Stillwater Area, Stillwater Area****M Day, N Ricci, M Davis, N Goff****Nat'l H.S.: 3:07.40 + 1985****Hawthorne, CA****24 Champion: 3:22.80 6/7/2024****Crosby-Ironton, Crosby-Ironton****N Larson, N Hachey, J Ringhand, J Mount**

Team	Relay	Seed	Prelims	H#
Preliminaries				
1 Redwood Valley		3:23.50	3:22.28 Q	2
1) Ryder Crawford 12	2) William Ahrens 12	3) Landyn Nordby 12	4) Lucas Fuhr 10	
1:41.003 (1:41.003)	2:32.272 (51.269)	3:22.274 (50.003)		
2 Sauk Centre		3:28.02	3:24.47 Q	1
1) Gabe Ritter 10	2) Matthew Zenzen 11	3) Zaron Olmschenk 11	4) Logan Wiehoff 10	
1:42.137 (1:42.137)	2:33.451 (51.314)	3:24.467 (51.017)		
3 Osakis		3:22.98	3:25.54 Q	3
1) Andrew Jones 11	2) Bryler Gustafson 12	3) Tyler Wolbeck 10	4) Zackery Bruder 12	
1:41.498 (1:41.498)	2:34.679 (53.182)	3:25.537 (50.858)		
4 Holdingford		3:29.06	3:24.04 Q	2
1) Garrett Frink 12	2) Grant Krattenmaker 10	3) Carter Gross 12	4) Dawson Hofer 10	
1:42.391 (1:42.391)	2:34.198 (51.807)	3:24.038 (49.841)		

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Preliminaries ... (Boys 4x400 Meter Relay Class A)

Team	Relay	Seed	Prelims	H#
5 St. Paul Academy & Summit	1) Roman Hozalski 10 2) Nico Martin 10 3) Langston Thompson 10 4) Oliver Thompson 12	3:25.33	3:25.46 Q	1
	1:45.400 (1:45.400) 2:35.612 (50.212) 3:25.455 (49.843)			
6 Lake City	1) Conrad Seydel 11 2) Luke Narum 11 3) Warren Stoltz 11 4) Weston Roberson 12	3:29.25	3:30.98 Q	3
	1:44.818 (1:44.818) 2:37.977 (53.159) 3:30.975 (52.999)			
7 Trinity/Unity	1) David Barreto 12 2) Jacob Stella 12 3) Anthony Matos 12 4) Ryan Gansler 12	3:26.95	3:25.74 q	2
	1:43.584 (1:43.584) 2:34.814 (51.231) 3:25.735 (50.921)			
8 River Valley	1) Gianluca Fernandez 12 2) Lucas Hensch 12 3) Noah Christensen 12 4) Matthew Groebner 12	3:29.59	3:27.11 q	1
	1:44.921 (1:44.921) 2:36.752 (51.832) 3:27.105 (50.353)			
9 Cromwell-Wright	1) Braham Jordan 9 2) Lane Gervais 11 3) Drew Nyberg 10 4) Dylan Nyberg 12	3:31.10	3:28.38 q	1
	1:45.657 (1:45.657) 2:37.625 (51.968) 3:28.377 (50.752)			
10 GMLOKS	1) Zach Reiland 12 2) Kaleb Yunker 12 3) Carter Glynn 11 4) Tate Goergen 10	3:26.62	3:28.47	1
	1:47.132 (1:47.132) 2:39.459 (52.328) 3:28.467 (49.008)			
11 Cotter/Hope	1) John Gibson 11 2) Jonah Hatanpa 9 3) Gavin Kammerer 10 4) Brayden Novakoski 11	3:27.74	3:28.61	2
	1:46.375 (1:46.375) 2:39.754 (53.380) 3:28.607 (48.853)			
12 Moose Lake/Willow River	1) Micah Thompson 11 2) Chase Clausen 12 3) Olavi Leino 12 4) Layne Radzak 11	3:30.66	3:28.69	2
	1:44.835 (1:44.835) 2:36.605 (51.770) 3:28.683 (52.079)			
13 Pine Island	1) Ryder Schmidt 12 2) Blake Schiltz 12 3) Corrin Pike 11 4) Jacob Carter 12	3:30.92	3:28.85	2
	1:44.906 (1:44.906) 2:36.572 (51.667) 3:28.847 (52.275)			
14 St. Charles	1) Conner Gransee 12 2) Jackson Vermilya 10 3) Pedro Rojas 11 4) Eddie Burlingame 12	3:28.48	3:29.42	1
	1:47.343 (1:47.343) 2:38.894 (51.552) 3:29.415 (50.521)			
15 Lewiston-Altura	1) Seth Lubinski 10 2) Wyatt Kreidermacher 12 3) Payton Buytaert 11 4) Jackson Mueller 12	3:29.76	3:30.64	1
	1:46.040 (1:46.040) 2:38.527 (52.487) 3:30.634 (52.108)			
16 West Lutheran	1) Tommy Ellis 12 2) Jacob Pfothenhauer 12 3) Everett Hoppe 12 4) Gabe Miest 12	3:29.29	3:31.40	2
	1:46.450 (1:46.450) 2:39.768 (53.318) 3:31.397 (51.629)			
17 RACE	1) Lincoln Fulton 11 2) Matthew VanCamp 12 3) Will Alderman 10 4) Alex Alderman 12	3:29.27	3:31.84	3
	1:46.710 (1:46.710) 2:40.538 (53.828) 3:31.836 (51.298)			
18 Park Rapids Area	1) Parker Hunter 11 2) Kaden Gartner 11 3) Landon Strasburg 12 4) Thomas Lopez 12	3:36.26	3:31.94	2
	1:45.975 (1:45.975) 2:38.602 (52.628) 3:31.940 (53.338)			
19 Nova Classical Academy	1) Finn Penniman 10 2) Hazen Hintz 10 3) Benaiah Mathews 9 4) Eli Andre 11	3:30.98	3:32.06	1
	1:46.483 (1:46.483) 2:40.063 (53.580) 3:32.053 (51.990)			
20 LCWM-Nicollet	1) Izaak Rodman 10 2) Charlie Gengler 11 3) Aidan Moeller 11 4) Henry Oscarson 11	3:32.60	3:32.64	3
	1:46.916 (1:46.916) 2:40.002 (53.087) 3:32.638 (52.636)			
21 Two Harbors	1) Tommy DeChantal 11 2) Elijah Smith 12 3) Joshua Maxwell 11 4) Carter Nelson 11	3:30.84	3:32.85	3
	1:48.347 (1:48.347) 2:42.042 (53.695) 3:32.845 (50.803)			
22 United Clay-Becker	1) Evan Schenck 11 2) Landon Nathe 10 3) Jordan Hoekstra 8 4) Bridger Larson 12	3:37.07	3:33.29	1
	1:46.660 (1:46.660) 2:39.751 (53.091) 3:33.288 (53.537)			

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Preliminaries ... (Boys 4x400 Meter Relay Class A)

Team	Relay	Seed	Prelims	H#
23 PACT/Legacy		3:30.76	3:33.61	3
1) Justin Kucula 12	2) David Van Gorp 10	3) Ethan McDermot 12	4) Daniel Khomich 12	
1:48.132 (1:48.132)	2:41.147 (53.015)	3:33.606 (52.460)		
24 St. Croix Preparatory Academ		3:27.28	3:34.95	3
1) Nathan Ranum 10	2) Harsh Tandon 11	3) Owen Schutte 10	4) Henrik Peterson 10	
1:44.808 (1:44.808)	2:40.886 (56.078)	3:34.942 (54.056)		
25 Melrose Area		3:31.11	3:35.24	2
1) Damien Ramirez 12	2) Logan Rue 12	3) David Raya Ambriz 12	4) Brady Kuhlmann 12	
1:48.422 (1:48.422)	2:41.488 (53.067)	3:35.233 (53.745)		
26 Pine City		3:31.35	3:42.37	3
1) Sawyer McDaniel 12	2) Weston Clementson 11	3) Rudy Gatzke 12	4) Anthony Bergeron 12	
1:54.390 (1:54.390)	2:49.254 (54.865)	3:42.370 (53.116)		
--- SW MN Christian / Edgerton		3:27.72	DQ	3
1) Ryan Pap 10	2) Tyler Pap 8	3) Jonah Uilk 11	4) Silas Van Essen 11	
1:45.831 (1:45.831)	2:37.459 (51.628)	3:27.813 (50.354)		

Boys 4x400 Meter Relay Class A**Class Record: 3:20.64 C 1999****MN All Time: 3:16.69 ! 2011****Nat'l H.S.: 3:07.40 + 1985****24 Champion: 3:22.80 6/7/2024**

St. Michael-Albertville, St. Michael-Albertville
Beaudry, Glaeser, Robeck, Potter
Stillwater Area, Stillwater Area
M Day, N Ricci, M Davis, N Goff
Hawthorne, CA
Crosby-Ironton, Crosby-Iront
N Larson, N Hachey, J Ringhand, J Mount

Team	Relay	Prelims	Finals	Points
Finals				
1 Osakis		3:25.54	3:21.22	12
1) Andrew Jones 11	2) Bryler Gustafson 12	3) Tyler Wolbeck 10	4) Zackery Bruder 12	
1:40.452 (1:40.452)	2:32.818 (52.367)	3:21.214 (48.396)		
2 Redwood Valley		3:22.28	3:22.60	10
1) Ryder Crawford 12	2) William Ahrens 12	3) Landyn Nordby 12	4) Lucas Fuhr 10	
1:41.448 (1:41.448)	2:32.640 (51.193)	3:22.600 (49.960)		
3 Holdingford		3:24.04	3:22.65	8
1) Garrett Frink 12	2) Grant Krattenmaker 10	3) Carter Gross 12	4) Dawson Hofer 10	
1:42.022 (1:42.022)	2:33.012 (50.990)	3:22.647 (49.635)		
4 St. Paul Academy & Summit		3:25.46	3:24.65	6
1) Roman Hozalski 10	2) Nico Martin 10	3) Langston Thompson 10	4) Oliver Thompson 12	
1:46.085 (1:46.085)	2:36.839 (50.754)	3:24.650 (47.812)		
5 Sauk Centre		3:24.47	3:24.75	5
1) Gabe Ritter 10	2) Matthew Zenzen 11	3) Zaron Olmschenk 11	4) Logan Wiehoff 10	
1:42.260 (1:42.260)	2:33.446 (51.186)	3:24.750 (51.304)		
6 Cromwell-Wright		3:28.38	3:27.82	4
1) Braham Jordan 9	2) Lane Gervais 11	3) Drew Nyberg 10	4) Dylan Nyberg 12	
1:45.124 (1:45.124)	2:37.084 (51.960)	3:27.815 (50.731)		
7 Trinity/Unity		3:25.74	3:30.50	3
1) David Barreto 12	2) Jacob Stella 12	3) Anthony Matos 12	4) Ryan Gansler 12	
1:46.628 (1:46.628)	2:38.152 (51.525)	3:30.499 (52.347)		
8 River Valley		3:27.11	3:31.27	2
1) Gianluca Fernandez 12	2) Lucas Hensch 12	3) Noah Christensen 12	4) Matthew Groebner 12	
1:46.919 (1:46.919)	2:39.856 (52.938)	3:31.270 (51.414)		
9 Lake City		3:30.98	3:31.52	1
1) Conrad Seydel 11	2) Luke Narum 11	3) Warren Stoltz 11	4) Weston Roberson 12	
1:46.380 (1:46.380)	2:39.479 (53.099)	3:31.518 (52.040)		

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Boys 4x800 Meter Relay Class A**Class Record: 7:56.21 C 2007****Pine Island, Pine Island****MN All Time: 7:44.56 ! 6/11/2016****D Meints, M Hussein, M Lambeth, J Gabor****Hopkins, Hopkins****Nat'l H.S.: 7:33.48 + 2009****H Staack, S Branson, J Henschel, S Eliason****Warrington Central Bucks South, PA****24 Champion: 8:05.11 6/7/2024****Bertha-Hewitt/Verndale, Bertha-Hewitt/Ve****Z Guderjahn, Z Baumgartner, B Rach, P Miller**

Team	Relay	Seed	Finals	H#	Points
Finals					
1 Redwood Valley		7:58.00	8:00.36	2	12
1) Mason Anderson 12	2) Kilen Cilek 12	3) Landyn Nordby 12	4) William Ahrens 12		
59.118 (59.118)	2:01.277 (1:02.160)	3:00.016 (58.740)	4:04.590 (1:04.574)		
5:01.404 (56.814)	6:04.296 (1:02.892)	6:58.908 (54.613)	8:00.359 (1:01.451)		
2 Trinity/Unity		8:01.74	8:02.55	2	10
1) Micah Gregory 12	2) Anthony Matos 12	3) Peter Andersen 11	4) Ryan Gansler 12		
57.687 (57.687)	1:59.127 (1:01.440)	2:54.879 (55.752)	4:02.517 (1:07.639)		
5:00.928 (58.412)	6:03.826 (1:02.898)	6:58.601 (54.775)	8:02.546 (1:03.946)		
3 Luverne		8:10.12	8:05.16	2	8
1) Dylan Ommen 12	2) Marcus Papik 10	3) Sage Viessman 12	4) Owen Janiszkeski 12		
59.398 (59.398)	2:03.770 (1:04.372)	3:01.243 (57.474)	4:02.876 (1:01.633)		
5:00.636 (57.760)	6:04.285 (1:03.650)	6:59.849 (55.565)	8:05.153 (1:05.304)		
4 Pine Island		8:14.28	8:10.23	2	6
1) Jacob Carter 12	2) Jamison Rosane 12	3) Bo Rosane 10	4) Seth Konik 12		
59.388 (59.388)	2:03.219 (1:03.832)	3:00.838 (57.619)	4:07.639 (1:06.802)		
5:07.327 (59.689)	6:13.132 (1:05.806)	7:11.025 (57.893)	8:10.225 (59.200)		
5 Pine City		8:13.51	8:10.92	2	5
1) Braxton Peetz 12	2) Weston Clementson 11	3) Charlie Ausmus 12	4) Eli Fromm 12		
58.913 (58.913)	2:04.094 (1:05.182)	3:01.798 (57.705)	4:05.432 (1:03.634)		
5:02.570 (57.138)	6:06.515 (1:03.946)	7:04.870 (58.355)	8:10.915 (1:06.045)		
6 Lake City		8:13.57	8:14.89	2	4
1) Eric Anderson 12	2) Weston Roberson 12	3) Warren Stoltz 11	4) Conrad Seydel 11		
58.685 (58.685)	2:03.035 (1:04.350)	3:03.862 (1:00.827)	4:04.838 (1:00.977)		
5:04.269 (59.431)	6:12.715 (1:08.447)	7:11.043 (58.328)	8:14.887 (1:03.845)		
7 Park Rapids Area		8:20.43	8:17.70	1	3
1) Landon Strasburg 12	2) Kaden Gartner 11	3) Thomas Lopez 12	4) Ephraim Bervig 12		
59.511 (59.511)	2:04.818 (1:05.307)	3:01.481 (56.663)	4:06.913 (1:05.432)		
5:05.337 (58.425)	6:12.908 (1:07.572)	7:11.219 (58.311)	8:17.692 (1:06.473)		
8 Northwest Nighthawks		8:22.55	8:17.80	1	2
1) Clayton Tiemann 12	2) Shaun Mahr 12	3) Noah Winters 11	4) Mark Swanson 12		
1:01.746 (1:01.746)	2:06.390 (1:04.645)	3:05.603 (59.213)	4:11.128 (1:05.526)		
5:15.496 (1:04.368)	6:20.751 (1:05.256)	7:16.746 (55.996)	8:17.793 (1:01.047)		
9 West Lutheran		8:09.98	8:20.00	2	1
1) Tommy Ellis 12	2) Dominick Larson 10	3) Isaiah Boerner 12	4) Jacob Pfotenhauer 12		
58.997 (58.997)	2:04.163 (1:05.167)	3:03.457 (59.294)	4:11.998 (1:08.542)		
5:11.064 (59.067)	6:17.666 (1:06.602)	7:14.570 (56.905)	8:19.991 (1:05.421)		
10 St. Charles		8:15.87	8:21.80	2	
1) Isaac Mosdal 12	2) Jovani Iglesias 12	3) Ivan Daood 10	4) Eddie Burlingame 12		
1:00.047 (1:00.047)	2:08.246 (1:08.200)	3:07.759 (59.513)	4:15.303 (1:07.544)		
5:13.389 (58.087)	6:18.090 (1:04.702)	7:14.694 (56.604)	8:21.800 (1:07.106)		
11 River Valley		8:22.77	8:27.70	1	
1) Gianluca Fernandez 12	2) Matthew Fernandez 11	3) Noah Christensen 12	4) Matthew Groebner 12		
1:02.517 (1:02.517)	2:11.274 (1:08.758)	3:12.093 (1:00.819)	4:20.431 (1:08.338)		
5:19.519 (59.089)	6:28.013 (1:08.494)	7:23.679 (55.666)	8:27.694 (1:04.016)		

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Boys 4x800 Meter Relay Class A)

Team	Relay	Seed	Finals	H#	Points
12 Lewiston-Altura		8:17.35	8:30.62	1	
1) Jackson Mueller 12	2) Will Kreidermacher 12	3) Seth Lubinski 10	4) Wyatt Kreidermacher 12		
1:02.316 (1:02.316)	2:10.755 (1:08.440)	3:12.454 (1:01.700)	4:19.804 (1:07.350)		
5:19.775 (59.971)	6:25.424 (1:05.649)	7:23.975 (58.552)	8:30.614 (1:06.640)		
13 Sauk Centre		8:12.83	8:34.77	2	
1) Zaron Olmschenk 11	2) Ben Friedrichs 10	3) Jacob Drevlow 11	4) Logan Wiehoff 10		
59.191 (59.191)	2:07.032 (1:07.841)	3:08.938 (1:01.906)	4:22.647 (1:13.710)		
5:22.085 (59.438)	6:29.144 (1:07.060)	7:32.459 (1:03.315)	8:34.765 (1:02.306)		
14 Sibley East		8:22.31	8:35.76	1	
1) Mausten Krueger 11	2) Julio Alejandro 10	3) Gage Horstman 9	4) Gavin Pomplun 12		
1:01.528 (1:01.528)	2:14.697 (1:13.169)	3:14.225 (59.528)	4:21.730 (1:07.506)		
5:23.102 (1:01.372)	6:30.906 (1:07.804)	7:28.415 (57.509)	8:35.752 (1:07.338)		
15 Rushford-Peterson/Houston		8:13.91	8:36.04	2	
1) Aaron Ploetz 11	2) Matthew Sprague 12	3) Treyten Hegland 11	4) Isaac Rasmussen 11		
59.140 (59.140)	2:07.924 (1:08.784)	3:06.070 (58.147)	4:14.616 (1:08.546)		
5:13.652 (59.037)	6:25.177 (1:11.525)	7:24.762 (59.586)	8:36.031 (1:11.269)		
16 Minnewaska Area		8:38.14	8:40.30	1	
1) Luke Hoffman 12	2) Rylan Tank 9	3) Ian Mills 12	4) Zachary Palmer 12		
1:01.943 (1:01.943)	2:09.484 (1:07.541)	3:12.276 (1:02.792)	4:22.019 (1:09.744)		
5:23.206 (1:01.187)	6:30.272 (1:07.067)	7:30.727 (1:00.455)	8:40.298 (1:09.572)		
17 Dilworth-Glyndon-Felton		8:42.44	8:41.19	1	
1) Jed Toms 9	2) Finn Ahonen 10	3) Isaiah Damico 12	4) Jake Dawson 10		
1:02.213 (1:02.213)	2:09.597 (1:07.385)	3:11.261 (1:01.664)	4:20.894 (1:09.634)		
5:25.764 (1:04.870)	6:35.752 (1:09.988)	7:35.312 (59.561)	8:41.187 (1:05.875)		
18 Cromwell-Wright		8:27.56	8:41.79	1	
1) Phoenix Anderson 11	2) Jorge Gatica 10	3) Porter Aho 10	4) Brenden Gronner 9		
1:00.502 (1:00.502)	2:06.269 (1:05.768)	3:06.591 (1:00.322)	4:16.575 (1:09.984)		
5:17.225 (1:00.651)	6:25.924 (1:08.699)	7:29.875 (1:03.951)	8:41.785 (1:11.911)		
19 Mesabi East		8:34.41	8:54.05	1	
1) Alex Leete 12	2) Riley Ronning 12	3) Brady Forsberg 9	4) Connor Feldt 12		
1:07.125 (1:07.125)	2:21.017 (1:13.893)	3:26.158 (1:05.141)	4:34.176 (1:08.019)		
5:36.734 (1:02.558)	6:46.330 (1:09.597)	7:45.317 (58.987)	8:54.048 (1:08.732)		

Boys High Jump Class A

Starting Height: 6-0 up by 2" until 3 remain then by 1"

5 alive procedure may be used

Class Record:	6-10	C	1981	Ken Larson, Fulda
Class Record:	6-10	C	2019	Yahya Madar, Mounds Park Academy
MN All Time:	7-01	!	1973	Rod Raver, Rochester John Marshall
Nat'l H.S.:	7-06	+	2017	Vernon Turner, Yukon, OK
24 Champion:	6-06		6/7/2024	Sam Snitker, GMLOKS

Name	Yr	School	Seed	Finals	Points
1 Diondre Flowers	11	Minneapolis North Community	6-02.00	6-08.00	12
2 Brooks Anderson	Sr	Dover-Eyota	6-04.00	6-06.00	10
3 Ethan Buckholtz	11	Nevis	6-06.00	6-04.00	8
4 Pierce Petersohn	11	Triton	6-08.00	6-04.00	5.50
4 Caden Pagnac	11	West Marshall	6-02.00	6-04.00	5.50
6 Timmy Webber	11	Howard Lake-Waverly-Winstec	6-04.00	6-04.00	4
7 Everett Gilbert	12	Liberty Classical Academy	6-02.00	6-04.00	3
8 Vincent Nash	12	Hillcrest Lutheran Academy	6-02.00	6-04.00	2
9 Wyatt Genelin	12	LeSueur-Henderson	6-02.00	6-02.00	.50
9 Lucas Gerads	10	Upsala/Swanville	6-02.00	6-02.00	.50

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Boys High Jump Class A)

Name	Yr	School	Seed	Finals	Points
11 Brayson Boike	12	Lac qui Parle Valley/Dawson-	6-04.00	6-02.00	
12 Grayson Gibson	11	Morris Area/Chokio-Alberta	6-04.00	6-02.00	
13 Charles (Chase) Jennings	11	St. Croix Lutheran	6-02.00	6-00.00	
13 Isaac Jacobson	11	Park Christian	6-02.00	6-00.00	
13 Drew Sailer	12	Pine Island	6-02.00	6-00.00	
13 Ramsey Keranen	12	East Central	6-02.00	6-00.00	
17 Jayden Barnick	10	United South Central	6-02.00	6-00.00	
17 Bridger Carlson	12	Park Christian	6-02.00	6-00.00	
17 Charles Davidson	12	St. Charles	6-02.00	6-00.00	
20 Frank Brown	9	Pillager	6-02.00	6-00.00	
20 Ryan Korinek	10	Concordia Academy	6-04.00	6-00.00	
--- Spencer Strohm	12	Barnum	6-02.00	NH	
--- Avandre Brandt	11	Staples-Motley	6-02.00	NH	
--- Isaiah Baker	11	Aitkin	6-02.00	NH	
--- Preston Meinke	12	Cotter/Hope	6-02.00	NH	
--- Ben Schmitz	10	Esko	6-02.00	NH	
--- Ole Skrien	12	St. Croix Lutheran	6-04.00	NH	

Boys Pole Vault Class A

Starting Height: 11-6 up by 6" until 3 remain then by 3"

5 alive procedure may be used

Class Record: 16-00 C 6/9/2022 Jarod White, Pine Island
MN All Time: 16-01 ! 6/8/2023 Nathan Nelson, Rochester Century
Nat'l H.S.: 19-05.50 + 2018 Armand Duplantis, Lafayette, LA
24 Champion: 14-03 6/6/2024 Joseph Arens, St. Croix Prepar

Name	Yr	School	Seed	Finals	Points
Finals					
1 Turner Beachy	11	Staples-Motley	14-07.00	15-00.00	12
2 Grayson Gibson	11	Morris Area/Chokio-Alberta	14-00.00	14-03.00	10
3 Andrue Stalboerger	11	Melrose Area	12-08.00	14-00.00	8
4 Levi Freyberg	10	LCWM-Nicollet	13-08.00	13-06.00	5
4 Julius Schneider	11	Maple River	13-02.00	13-06.00	5
4 Quinn Landherr	12	Jackson County Central	13-02.00	13-06.00	5
7 David Van Gorp	10	PACT/Legacy	12-08.00	13-06.00	3
8 Nicklaus Wimmer	10	Concordia Academy	13-09.00	13-00.00	2
9 Grant Eveslage	12	Melrose Area	12-02.00	13-00.00	1
10 Hayden Rettke	11	Walker-Hackensack-Akeley	11-08.00	13-00.00	
11 Micah Thompson	11	Moose Lake/Willow River	13-00.25	12-06.00	
11 Ben Edwards	10	Pine Island	12-08.00	12-06.00	
13 Caden Benson	12	West Marshall	12-02.00	12-00.00	
--- Tyden Schaefer	11	Frazee	12-08.00	NH	
--- Thane Matthys	10	Lakeview	11-08.00	NH	
--- Gage Mullenbach	12	Blooming Prairie	12-02.00	NH	
--- Hunter Milstead	12	Greenway/Nashwauk/Keewatir	12-02.00	NH	
--- Gabe Lindstrom	11	Ottertail Central	12-08.00	NH	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Boys Long Jump Class A

Class Record: 23-10.25 C 1982 John Bodine, Barnsville
MN All Time: 24-09.25 ! 1982 Von Shepard, St. Paul Central
Nat'l H.S.: 26-04.75 + 1989 James Stallworth, Tulare, CA
24 Champion: 23-02.25 6/7/2024 Jordan Mount, Crosby-Iront

Name	Yr	School	Seed	Finals	Wind	H#	Points
Finals							
1 Holden Rinke	12	Border West	21-05.50	22-03.25	+0.0	3	12
2 Trenton VanNyhuis	11	Osakis	22-05.75	22-01.50	-0.2	3	10
3 Judah Zinter	12	Concordia Academy	21-11.00	21-07.25	+0.0	3	8
4 Preston Meinke	12	Cotter/Hope	22-01.50	21-07.25	-0.4	3	6
5 Aidan McCue	11	Sibley East	21-01.25	21-06.25	+0.0	2	5
6 Jack Gross	12	BOLD/BLH	21-10.00	21-02.25	-0.6	3	4
7 Greg Kennedy	12	Lanesboro-Fillmore Central-M	21-00.00	20-11.75	0.8	1	3
8 Brayson Boike	12	Lac qui Parle Valley/Dawson-	21-11.00	20-10.00	-0.5	3	2
9 Dylan Nyberg	12	Cromwell-Wright	21-04.00	20-10.00	0.1	2	1
10 Kevin Bleess	12	Windom Area	21-05.00	20-08.00	-0.4	2	
11 Karson Jensen	11	Rothsay	21-03.00	20-05.50	0.4	2	
12 Saevian Hong	11	St. Charles	21-07.25	20-04.25	-0.6	3	
13 Nelson Weekes	11	St. Croix Lutheran	21-02.50	20-04.25	NWI	2	
14 Job Ogeka	12	Windom Area	21-02.50	20-04.00	-0.1	2	
15 Brennen Bawek	11	Eagle Ridge Academy	21-04.00	20-03.25	0.4	2	
16 Timmy Webber	11	Howard Lake-Waverly-Winstec	21-06.00	20-02.00	-0.6	3	
17 Raydon Woinarowicz	11	West Marshall	20-00.50	20-00.75	0.4	1	
18 Caden Pagnac	11	West Marshall	20-08.50	20-00.75	1.0	1	
19 Andrew Jones	11	Osakis	21-05.25	20-00.00	0.3	2	
20 Blake Leenderts	12	Hills-Beaver Creek	20-11.75	19-10.50	1.2	1	
21 Jacob Stella	12	Trinity/Unity	21-02.00	19-09.25	-0.3	2	
22 Gabe Miest	12	West Lutheran	20-10.00	19-08.00	0.5	1	
23 Ben Schmitz	10	Esko	20-10.00	19-08.00	1.2	1	
24 Sawyer Ferdon	12	Staples-Motley	20-11.25	19-05.25	1.3	1	
25 Kendall Jaenicke	12	Melrose Area	20-10.50	19-03.25	0.6	1	
26 Kaden Graff	12	LeSueur-Henderson	21-00.00	17-06.00	0.5	1	
--- Tate Nelson	12	Two Harbors	21-06.00	DNS	NWI	3	

Boys Triple Jump Class A

Class Record: 48-08.50 C 1987 Ed Hegland, Appleton/Milan
MN All Time: 49-05.50 ! 2010 Michael Sandle, Eden Prairie
Nat'l H.S.: 53-01.50 + 2024 Karson Gordon, Belair Episcopal, TX
24 Champion: 45-03.25 6/6/2024 Brayson Boike, Lac qui Parle Va

Name	Yr	School	Seed	Finals	Wind	H#	Points
Finals							
1 Trenton VanNyhuis	11	Osakis	42-11.25	45-03.50	1.2	1	12
2 Isaiah Baker	11	Aitkin	44-07.00	44-05.25	0.3	2	10
3 Job Ogeka	12	Windom Area	45-04.00	44-00.50	0.3	2	8
4 Aidan McCue	11	Sibley East	43-08.00	43-11.75	0.2	2	6
5 Christopher Hilton	12	St. Charles	42-06.50	43-11.00	0.9	1	5
6 Tucker Amberg	12	Redwood Valley	43-04.50	43-07.00	1.0	2	4
7 Greg Hovey	11	Eagle Ridge Academy	43-06.25	43-06.00	0.4	2	3
8 William Gilbert	10	Liberty Classical Academy	43-02.00	43-01.25	0.1	2	2

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Finals ... (Boys Triple Jump Class A)

	Name	Yr	School	Seed	Finals	Wind	H#	Points
9	Cole Schwarzbauer	12	Mora	42-09.75	43-00.75	-0.3	1	1
10	Brayson Boike	12	Lac qui Parle Valley/Dawson-	43-02.00	43-00.00	0.1	2	
11	Sawyer Ferdon	12	Staples-Motley	43-08.50	42-06.50	0.3	2	
12	Gavin McArthur	10	Mahnomen/Waubun	41-10.00	42-04.25	-0.2	1	
13	Micah Bush	11	Hills-Beaver Creek	43-01.50	42-03.00	0.9	2	
14	Max Vannurden	10	Royalton	40-10.50	42-02.50	-0.3	1	
15	Vincent Perucho	11	Walker-Hackensack-Akeley	42-04.50	41-11.75	-0.7	1	
16	Holden Rinke	12	Border West	43-00.00	41-05.00	0.3	1	
17	Drew Sailer	12	Pine Island	41-02.50	40-11.50	0.1	1	
---	Daniel Varadzin	12	Cromwell-Wright	41-02.00	DNS	NWI	1	

Boys Shot Put Class A

Class Record: 62-08 C 1996 Tim Senjem, Hayfield
MN All Time: 66-07.50 ! 6/8/2023 Hayden Bills, Rosemount
Nat'l H.S.: 77-00 + 1979 Michael Carter, Dallas Jefferson, TX
24 Champion: 59-02.75 6/6/2024 TJ Christensen, Litchfield

	Name	Yr	School	Seed	Finals	H#	Points
Finals							
1	Owen Krueger	12	Blooming Prairie	53-06.00	55-10.25	3	12
2	Cayden Anderson	12	Canby/Minneota	55-11.50	55-08.25	3	10
3	Jackson Staab	11	Lakeview	51-07.00	55-01.00	3	8
4	Anthony Palmer	11	Minneapolis North Community	49-08.25	55-00.25	2	6
5	Tom Lampela	12	Two Harbors	53-01.00	55-00.00	3	5
6	Jake Borowicz	12	Roseau	55-09.75	54-11.50	3	4
7	Blake Schiltz	12	Pine Island	53-03.25	54-08.75	3	3
8	Elijah Woodley	12	Luverne	53-09.50	53-05.50	3	2
9	Damian Ahrens	12	Sauk Centre	52-09.00	52-04.75	3	1
10	Grady Grohman	11	Waterville-Elysian-Morristow	47-07.75	51-03.00	1	
11	Noah Dietel	11	Litchfield	50-04.00	51-00.00	2	
12	Chase Pierce	12	Two Harbors	51-01.00	50-00.50	2	
13	Beau Bakken	12	Hills-Beaver Creek	48-11.50	49-10.50	1	
14	Drew Turgeon	11	LCWM-Nicollet	50-00.50	49-07.75	2	
15	Jonah Harstad	12	Fertile-Beltrami	47-10.25	49-07.25	1	
16	Andrew Edwards	12	Pine Island	51-04.00	49-03.75	2	
17	Ryker Johnson	12	Luverne	49-11.00	49-03.50	2	
18	Jake Stevens	12	Chatfield	49-10.75	49-03.00	2	
19	Brody Niemeyer	11	Lanesboro-Fillmore Central-M	52-04.50	48-10.00	3	
20	Jackson Gacke	12	Hills-Beaver Creek	49-01.50	48-07.50	1	
21	Adrian Gomez	11	Staples-Motley	46-11.50	46-00.75	1	
22	Ezra Wilhelm	10	Concordia Academy	46-09.75	45-10.75	1	
23	Carter Courtright	12	Maple Lake	48-04.75	45-07.25	1	
---	Chace Drazkowski	10	Rushford-Peterson/Houston	49-05.00	FOUL	1	
---	Wyett Shimp	11	Hills-Beaver Creek	50-01.50	DNS	2	

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025
Results

Boys Shot Put Wheelchair Class A

Class Record: 27-09 C 6/6/2024 Lucas Taylor, Lakeview
MN All Time: 27-09 ! 6/6/2024 Lucas Taylor, Lakeview
24 Champion: 27-09 6/6/2024 Lucas Taylor, Lakeview

Name	Yr	School	Seed	Finals	Points
Finals					
1 Broden Stensrud	9	Lakeview	18-10.00	18-10.00	1
1 Terrek Jenniges	11	Lakeview	18-04.00	17-08.00	1
2 Robert Kendall	9	Osakis	8-05.50	13-03.75	

Boys Discus Throw Class A

Class Record: 192-07 C 1987 Mike Yonkey, Wells-Easton
MN All Time: 207-00 ! 6/10/2023 Hayden Bills, Rosemount
Nat'l H.S.: 236-06 + 2009 Mason Finley, Buena Vista, CO
24 Champion: 182-06 6/7/2024 TJ Christensen, Litchfield

Name	Yr	School	Seed	Finals	H#	Points
Finals						
1 Auggie Yonkey	9	Maple River	161-07	172-09	2	12
2 Brady Staub	11	Triton	154-06	165-07	2	10
3 Andrew Edwards	12	Pine Island	153-00	165-04	2	8
4 Elijah Woodley	12	Luverne	163-00	161-05	2	6
5 Cayden Anderson	12	Canby/Minneota	144-05	159-11	1	5
6 Drew Turgeon	11	LCWM-Nicollet	151-07	159-01	2	4
7 Craig Knutson	12	Triton	146-04	154-04	2	3
8 Sam Ruprecht	12	Holdingford	151-11	153-00	2	2
9 Owen Krueger	12	Blooming Prairie	146-07	151-03	2	1
10 Jackson Staab	11	Lakeview	153-07	149-03	2	
11 Josh Johnson	12	Lakeview Christian Academy	146-03	149-00	2	
12 Tom Lampela	12	Two Harbors	135-01	145-01	1	
13 Noah Holladay	12	St. Croix Preparatory Academ	140-11	143-03	1	
14 Jackson Gacke	12	Hills-Beaver Creek	146-00	143-00	1	
15 Nicholas Guthrie	12	Upsala/Swanville	142-00	138-07	1	
16 Edwin Escobar	10	Pelican Rapids	137-10	137-05	1	
17 Charlie Capshaw	9	Bagley/Fosston	142-11	135-04	1	
18 Lucas Ahrens	10	Sauk Centre	140-05	133-03	1	
19 Jake Borowicz	12	Roseau	138-11	88-11	1	
--- Anthony Palmer	11	Minneapolis North Community	142-01	FOUL	1	

Boys Discus Throw Wheelchair Class A

Class Record: 74-09 C 6/7/2024 Lucas Taylor, Lakeview
MN All Time: 74-09 ! 6/7/2024 Lucas Taylor, Lakeview
24 Champion: 74-09 6/7/2024 Lucas Taylor, Lakeview

Name	Yr	School	Seed	Finals	Points
Finals					
1 Broden Stensrud	9	Lakeview	48-07	42-10	1
1 Tyler Gunnarson	12	St. Charles	46-08	42-04	1
2 Terrek Jenniges	11	Lakeview	43-09	39-03	

Women - Class A - Team Rankings - 21 Events Scored

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025

Results

1) Janesville Waldorf Pemberton	41	2) Minnewaska Area	33
3) St. Cloud Cathedral	32	4) PACT/Legacy	31
4) Bagley/Fosston	31	4) Two Harbors	31
7) Hills-Beaver Creek	28.5	8) St. Clair/Immanuel Lutheran	26
8) Rushford-Peterson/Houston	26	8) Concordia Academy	26
11) St. Paul Academy & Summit Sc	25	12) GMLOKS	22.5
13) Math & Science Academy	22	13) Staples-Motley	22
15) Eden Valley-Watkins/Kimball	21	16) Holdingford	18
16) Park Rapids Area	18	16) Pillager	18
19) St. Croix Lutheran	17.5	20) Redwood Valley	17
21) Central Minnesota Christian	15	22) Dilworth-Glyndon-Felton	14
22) Mankato Loyola/Cleveland	14	24) Cotter/Hope	13.5
25) Clearbrook-Gonvick	12	25) LeSueur-Henderson	12
25) St. John's Prep	12	25) Park Christian	12
25) Ely	12	25) MACCRAY/RCW	12
25) Benson/KMS	12	25) West Marshall	12
25) La Crescent-Hokah	12	34) United Clay-Becker	10
34) Litchfield	10	34) Barnesville	10
34) Heron Lake-Okabena/Fulda	10	34) St. Agnes	10
34) Lake City	10	40) RACE	8
40) Rush City	8	40) St. Croix Preparatory Academ	8
40) Kittson County Central	8	40) Nova Classical Academy	8
45) Lester Prairie	7	45) Lanesboro-Fillmore Central-M	7
47) Esko	6.5	48) St. Charles	6
48) Bertha-Hewitt/Verndale	6	48) Luverne	6
48) Pine Island	6	48) Lac qui Parle Valley/Dawson-	6
53) Osakis	5.5	54) Ottertail Central	5
54) Rochester Lourdes	5	54) Waterville-Elysian-Morristow	5
54) Maple River	5	54) Chatfield	5
54) Northome/Kelliher/Blackduck	5	54) Marshall (Duluth)	5
54) Maple Lake	5	62) New Life Academy of Woodbury	4.5
63) Border West	4	63) Aitkin	4
63) Minneapolis North Community	4	63) Zumbrota-Mazeppa	4
63) Pipestone Area	4	63) Royalton	4
69) Climax-Fisher-Sacred Heart	3	69) Wadena-Deer Creek	3
69) Mille Lacs	3	72) River Valley	2
72) Frazee	2	72) United North Central	2
72) Pierz	2	72) NYM Home School	2
77) Cannon Falls	1.5	78) SW MN Christian / Edgerton	1
78) BGMR Freeze	1	78) Kenyon-Wanamingo-Goodhue*	1
78) Ogilvie	1		

Women - Class AA - Team Rankings - 5 Events Scored

1) Rockford	20	2) Stewartville	17.3333
3) Alexandria	16	4) Monticello	12
4) Mankato East	12	6) Princeton	10
6) Simley	10	6) Chisago Lakes	10
9) Rocori	8	9) Delano	8
11) Mankato West	7	11) Albany	7
11) DeLaSalle	7	14) Fairmont	6

2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025

Results

14) Northfield	6	14) Willmar	6
17) Waseca	5	17) St. Paul Highland Park	5
17) Mahtomedi	5	20) Providence Academy	4
20) Winona	4	20) St. Francis	4
23) Hibbing	3	23) Faribault	3
25) Zimmerman	2	25) Little Falls	2
25) Columbia Heights	2	28) Byron	1
28) Big Lake	1	28) Cloquet	1
31) Hill-Murray	0.33333	31) New London-Spicer	0.33333

Women - Class AAA - Team Rankings - 4 Events Scored

1) Wayzata	32.5	2) Forest Lake	22
3) Two Rivers	12	3) Minneapolis Washburn	12
5) Anoka	11	6) St. Michael-Albertville	10
6) Park	10	8) Minnetonka	9
9) Robbinsdale Armstrong	8	9) St. Paul Central	8
9) Rosemount	8	12) Shakopee	7
12) Rochester John Marshall	7	14) New Prague	6
14) Blaine	6	14) Spring Lake Park	6
17) Edina	5.5	18) Osseo	4
18) Eden Prairie	4	20) Rogers	3
20) Centennial	3	22) White Bear Lake Area	2
22) Eastview	2	22) Andover	2
22) Elk River	2	26) Champlin Park	1
27) Hastings	0.5	27) Lakeville North	0.5

Men - Class A - Team Rankings - 24 Events Scored

1) Redwood Valley	70	2) Osakis	67
3) Cotter/Hope	44	4) Triton	38.5
5) Concordia Academy	34	6) Maple River	29
7) Pine Island	26	7) Trinity/Unity	26
9) St. Charles	23	10) Sauk Centre	22
10) Luverne	22	12) St. Paul Academy & Summit Sc	20
13) Minnewaska Area	18	13) Minneapolis North Community	18
13) Morris Area/Chokio-Alberta	18	13) United Clay-Becker	18
13) Jackson County Central	18	18) Holdingford	17
19) Pierz	16	20) St. Agnes	15
20) Canby/Minneota	15	22) GMLOKS	14
23) Staples-Motley	13	23) Mankato Loyola/Cleveland	13
23) Blooming Prairie	13	26) Dilworth-Glyndon-Felton	12
26) Bertha-Hewitt/Verndale	12	26) Border West	12
26) Twin Cities Academy/Great Ri	12	26) Lakeview	12
31) Mounds Park Academy	11	31) Sibley East	11
31) Waterville-Elysian-Morristow	11	34) Aitkin	10
34) Dover-Eyota	10	36) Melrose Area	9
36) LCWM-Nicollet	9	36) Mesabi East	9
39) Nova Classical Academy	8	39) Nevis	8
39) Northwest Nighthawks	8	39) Windom Area	8
43) Eden Valley-Watkins/Kimball	7	44) United South Central	6

**2025 Minnesota State High School League
Boys and Girls Track and Field Championships
St. Michael-Albertville High School - 6/10/2025 to 6/12/2025**

Results

44) Pelican Rapids	6	46) West Marshall	5.5
47) Lake City	5	47) Cromwell-Wright	5
47) Liberty Classical Academy	5	47) Pine City	5
47) Barnum	5	47) Long Prairie-Grey Eagle	5
47) Two Harbors	5	47) Montevideo	5
47) St. Croix Lutheran	5	47) BGMR Freeze	5
57) Park Rapids Area	4	57) BOLD/BLH	4
57) Roseau	4	57) SW MN Christian / Edgerton	4
57) Howard Lake-Waverly-Winsted	4	57) Lanesboro-Fillmore Central-M	4
63) PACT/Legacy	3	63) West Lutheran	3
63) Eagle Ridge Academy	3	63) Benson/KMS	3
67) Lac qui Parle Valley/Dawson-	2	67) Pillager	2
67) Janesville Waldorf Pemberton	2	67) Hancock	2
67) Hillcrest Lutheran Academy	2	67) River Valley	2
73) LeSueur-Henderson	1.5	74) Caledonia/Spring Grove	1
74) Mora	1	76) Upsala/Swanville	0.5

Men - Class AA - Team Rankings - 5 Events Scored

1) Monticello	22	2) Orono	16
3) Fairmont	14	4) East Grand Forks	13
4) Mankato East	13	6) Becker	12
6) Annandale	12	8) Northfield	10
9) Waseca	9.5	10) Fergus Falls	8
10) St. Peter	8	10) Willmar	8
13) St. Francis	6	13) Simley	6
13) Chisago Lakes	6	13) Kasson-Mantorville	6
17) Little Falls	5	17) Dassel-Cokato	5
19) Stewartville	4	19) Jordan	4
21) Detroit Lakes	3.5	22) Minnehaha Academy	3
22) Rockford	3	22) Rock Ridge	3
25) Blake	2	25) Alexandria	2
27) Winona	1		

Men - Class AAA - Team Rankings - 5 Events Scored

1) Stillwater Area	18	2) Mounds View	15
3) Cambridge-Isanti	14	3) Brainerd	14
5) Minnetonka	13	6) Buffalo	12
6) Chaska	12	8) Elk River	10
8) Forest Lake	10	10) Andover	9
11) Rosemount	8	11) Bloomington Kennedy	8
11) Shakopee	8	14) Wayzata	7
14) Owatonna	7	14) Maple Grove	7
17) Blaine	6	18) Prior Lake	5
18) Minneapolis Washburn	5	18) Edina	5
21) Park Center	4	22) Lakeville South	3
23) Eastview	2	24) East Ridge	1
24) Roseville Area	1	24) Chanhassen	1